## **Sustainable Travel**

One change we can all make is altering our transport habits. The lower down the pyramid you are, the less sustainable the mode of transport.

What switch can you make to move up the pyramid?

If you use Strava, tagging your commutes when you walk, run or cycle allows it to calculate your estimated carbon savings vs travelling by car.

 Rather than meeting in person, could you use digital communication instead? The average footprint, per person, of a Zoom call is just 10g CO<sub>2</sub>e per hour, compared to 530g CO<sub>2</sub>e per mile when driving an average UK car.

To encourage cycling, could your church install a bike rack? Or you could hold a Repair Café, helping people get their bikes ready to use.

With the ban on new petrol and diesel cars coming in 2035, your church could support the switch to EV's by installing a chargepoint.

Public and shared transport



Electric vehicles and car sharing



and car sharing Access to public transport isn't equal. If you can't travel using public transport currently, campaign to change that. Writing to your MP or Local Councillor can be a good place to start.

If you want to use public transport, <u>Traveline</u> is a useful journey planner.

If use of an ICE (Internal Combustion Engine) vehicle can't be avoided, can a car sharing scheme be set up? Swapping a quarter of car journeys with active travel (walking, wheeling, cycling) saves an average driver £379 a year in fuel costs

You can find out more at bit.ly/TravelSustainable



