

Cumbria Prayer Diary



Follow Daily **Care Deeply**
Speak Boldly **Tread Gently**

December 2022 & January 2023

*Praying with our fellow Christians in
Cumbria, together with our link dioceses of
Northern Argentina, Stavanger and Zululand*

*For full information of the Anglican Communion
please visit*
<https://www.anglicancommunion.org/resources/cycle-of-prayer.aspx>

If you wish to have a physical copy sent to you
please let Sarah Marshall-Ellison know via email
Sarah.Marshall-Ellison@carlisle-diocese.org.uk

**At the end of the prayer diary are prayers for
Peace in Ukraine and the Vision Prayer.**

Prayers for 2023

Prayer requests are invited for 2023. If you would
like to a prayer on a special day next year please
send me your request by 6th January to:
Cameron.butland@carlisle-diocese.co.uk

Week Forty-Seven Theme – Ecumenical County Sunday 27th November – Advent Sunday

Ecumenical – giving thanks for the sixth anniversary of the signing of the ecumenical covenant. For our partner and companion denominations. For the developing sense of our common mission

God for All - Pray for IME1 students (ordinands and Readers in training) starting their contrasting parish placements at the start of Advent

World Church - The Nippon Church of Japan

Monday 28th November

Ecumenical – for all church leaders:
Brian Jolly and the URC North West Synod;
Bishop James and the Carlisle Diocese;
James Tebutt and the Methodist District;
Bishop Paul and the Lancaster Diocese;
David Taylor and the Salvation Army;
and for those who act as co-ordinators for other churches, Andrew Dodd and Baptist chapels; Bill Bewley and Society of Friends; and the Borderkirk, together with independent church fellowship.

World Church - The Diocese of Nsukka – The Church of Nigeria (Anglican Communion) (*Enugu Province*)

Tuesday 29th November

Ecumenical – for all Churches Together groups in the county, for the county President Andrew Dodd, County

Social Responsibility Officer Jo Philips and Anna
Chaplaincy Co-ordinator Katherine Froggatt

World Church - The Diocese of Nyahururu – The
Anglican Church of Kenya

Bishop James – attending the House of Bishops

Wednesday 30th November

St Andrew

Andrew led his brother to meet Jesus. He is the patron saint of all missionaries and fishermen. As patron saint of Scotland his flag is a reminder of his martyrdom for the faith.

Ecumenical – for those who are part of the ecumenical governance of the county, especially for the regular church leaders' meetings, the Strategic and Operations Group meetings, as well as the DEOs for each denomination.

World Church - The Diocese of Nyamlel – The Province of the Episcopal Church of South Sudan (*Northern Bahr el Ghazal Province*)

Thursday 1st December

Charles de Foucauld

Charles died in 1916 living as a hermit among the Tuareg of Algeria. Despite not achieving his aim of founding a contemplative community in his lifetime, his example has inspired the worldwide community of the Little Brothers of Jesus. He is best known for his personal prayer of abandonment:

*Father, I abandon myself into your hands;
do with me what you will.
Whatever you may do, I thank you:
I am ready for all, I accept all.
Let only your will be done in me,
and in all your creatures –
I wish no more than this, O Lord.
Into your hands, I commend my soul:
I offer it to you with all the love of my heart,
for I love you, Lord, and so need to give myself,
to surrender myself into your hands without reserve,
and with boundless confidence,
for you are my Father. **Amen***

Ecumenical – for all our Mission Communities, giving thanks for our common mission and witness to the gospel, for innovative and creative ways to express our common discipleship as followers of Jesus.

World Church - The Diocese of Nyang – The Province of the Episcopal Church of South Sudan (*Eastern Bahr el Ghazal Province*)

Friday 2nd December

Ecumenical – for the national ecumenical structures of each denomination and for the work of Churches Together in England, especially for Bishop Mike Royal in his work as General Secretary.

World Church - The Diocese of Southern Nyanza – The Anglican Church of Kenya

Saturday 3rd December

Ecumenical – for the World Council of Churches and our brothers and sisters in countries across the world.

World Church – The Diocese of Nzara – The Province of the Episcopal Church of South Sudan (*Western Equatoria Province*)

Bishops – Bishop James' Teaching Day at St James' Carlisle.

Week Forty-eight Theme – Methodist District and New Churches Sunday 4th December – Advent 2

Ecumenical – pray for James Tebbutt as District Chair, Janice Rusling, Synod Secretary and Glynis Hayton, District Treasurer

God for All - pray for Christian Communities across Cumbria as we seek new ways of communicating the Christmas message of hope, peace, joy and love come down this year

World Church - The Episcopal Church in Jerusalem and the Middle East

Bishop Rob – preaching at St Andrews, Penrith

Monday 5th December

Ecumenical – for the District Circuits and for all ministers, stewards and churches locally

World Church - The Diocese of el-Obeid – Province of the Episcopal Church of Sudan

Bishop Rob – Solway Chapter Quiet Day

Tuesday 6th December

St Nicholas

Bishop Nicolas of Myra in the fourth century. Most famous for his acts of kindness, especially on behalf of children and orphans. Over the centuries, the customs associated with him have led to the personification of gift giving in Santa Claus. Today we celebrate charities which act after his example in caring for children.

Ecumenical – for all Methodist Deacons and their District Guild, we give thanks for their role within local Mission Communities

World Church - The Diocese of Offa – The Church of Nigeria (Anglican Communion) (*Kwara Province*)

Wednesday 7th December

St Ambrose

St Ambrose was Bishop of Milan and one of the first theologians living in the fourth century. He was a firm opponent of Arianism. He is one of the Western Church's four fathers of the faith.

Ecumenical – for the work of Graham Kay as District Safeguarding Officer and for close working between all the denominations of the ecumenical county in this important area of responsibility

World Church - The Diocese of Ogbaru – The Church of Nigeria (Anglican Communion) (*Niger Province*)

Thursday 8th December

Ecumenical – for the links between the District and worldwide Methodism, giving thanks for links to the Argentinian Methodist Church

World Church - The Diocese of Ogbia – The Church of Nigeria (Anglican Communion) (*Niger Delta Province*)

Friday 9th December

Ecumenical – for all new and independent churches in the county giving thanks for their vibrancy in the Gospel and for working with other local churches

World Church - The Diocese of Ogbomoso – The Church of Nigeria (Anglican Communion) (*Ibadan Province*)

Saturday 10th December

Ecumenical – for all fresh expressions of church and for all local fellowships bringing fresh disciples into the faith

World Church - The Diocese of Ogoni – The Church of Nigeria (Anglican Communion) (*Niger Delta Province*)

Bishop James - Teaching Day at St Thomas Kendal

Week Forty-nine – RC Diocese of Lancaster & Communities of Prayer
Sunday 11th December – Advent 3

Ecumenical – for Bishop Paul Swarbrook and the RC parishes and priests of the county, for the Sisters at Boarbank and their care for all in need

God for All - pray for the planning for the Cumbria Big Carol Sing Christmas campaign, involving Radio Cumbria and drawing in people right across the county.

World Church - The Anglican Church of Kenya

Monday 12th December

Ecumenical – for ARCIC3 and the conversations between the Diocese of Carlisle and Diocese of Lancaster over the ‘Walking in the Way’ report

World Church - The Missionary Diocese of Ogori-Magongo – The Church of Nigeria (Anglican Communion) (*Lokoja Province*)

Bishops – Attending College of Bishops

Tuesday 13th December

St Lucy

Lucy was a child from Sicily who was martyred under Diocletian. She has become a child saint who is remembered in Scandinavia countries. She is associated with the Advent message of light in darkness, hope driving out fear. The customs of giving

food in memory of her are widely observed today throughout the Christian world.

Ecumenical – for Ted Gannon and the Spiritual Direction and Weeks of Guided Prayer in the diocese and for new links through the Cumbria Ecumenical Spirituality network

World Church – The Diocese of Ohaji / Egbema – The Church of Nigeria (Anglican Communion) (*Owerri Province*)

Bishops – Attending College of Bishops

Wednesday 14th December

St John of the Cross

St John was a supporter and friend of St Teresa of Avila in reforming the Carmelite Order. Kidnapped and tortured he developed a deep spirituality which found expression in 'the dark night of the soul'. John is regarded as one of the great contemplative teachers.

Ecumenical – for all the Society of Friends and local Meeting Houses in the county

World Church – The Diocese of Ohio – The Episcopal Church (*V (5) Province*)

Bishops – Attending College of Bishops

Thursday 15th December

Ecumenical – for the spiritual direction network, for all who offer spiritual accompaniment and all who are accompanied in their journey of faith

World Church - The Diocese of Southern Ohio – The Episcopal Church (*V (5) Province*)

Bishop James - Trinity School AGM

Friday 16th December

Ecumenical – for the local houses of prayer being established in the county, for local groups coming together to focus on the need for prayer

World Church - The Diocese of Oji River – The Church of Nigeria (Anglican Communion) (*Enugu Province*)

Bishop James - Derwent Deanery and Chapter

Saturday 17th December

O Sapientia

Today marks the beginning of the ancient countdown to Christmas, called the Advent O's. Today is O Holy Wisdom and these traditional eight days end with O Come Emmanuel.

Ecumenical – for the new monastic communities represented in the county, praying for the Iona and Northumbrian community groups

World Church - The Diocese of Okene – The Church of Nigeria (Anglican Communion) (*Lokoja Province*)

Bishop James - Carol Singing with Carlisle Street Pastors

Week Fifty Theme – Children Charities Sunday 18th December – Advent 4

Charities – for the work of the Children’s Society and for our local groups, for all those assisted by their work

God for All - pray for the Bishop’s Christmas messages in various media, for the online resources and for the national campaign.

World Church - The Anglican Church of Korea

Monday 19th December

Charities – for the work of the NSPCC and for their campaign to protect children from all forms of abuse

World Church - The Diocese of Oke-Ogun – The Church of Nigeria (Anglican Communion) (*Ibadan Province*)

Bishops – Bishop’s Leadership Team meeting

Tuesday 20th December

Charities – for the work of the Barnado’s charity and for the support and family work in the community

World Church - The Diocese of Oke-Osun – The Church of Nigeria (Anglican Communion) (*Ibadan Province*)

Wednesday 21st December

Charities – for all children’s cancer charities and for the work inspired by Helen House to provide hospice care for dying children

World Church - The Diocese of Okigwe – The Church of Nigeria (Anglican Communion) (*Owerri Province*)

Thursday 22nd December

Charities – for all international agencies working to create healthy and sustainable futures for the world’s children

World Church – The Diocese of Okigwe North – The Church of Nigeria (Anglican Communion)

Friday 23rd December

Charities – for the work of UNICEF and for all children who are helped through its work around the world

World Church - The Diocese of Okigwe South – The Church of Nigeria (Anglican Communion) (*Owerri Province*)

Saturday 24th December – Christmas Eve

Charities – for the work of SANDS and for all who remember today a child who has died in past years

World Church - The Diocese of Okinawa – The Nippon
Sei Ko Kai

Week Fifty-one Theme – Medical Charities
Sunday 25th December – CHRISTMAS DAY

Christmas Day

Today is the second holiest day of the Christian year.
We celebrate the birth of the Emmanuel, God with us.

God for All – give thanks for all who have heard the
Christmas message afresh online and through social
media this Christmas.

World Church – The Anglican Church of Melanesia

Bishop James - preaching at Carlisle Cathedral
Christmas Service

Monday 26th December

St Stephen

The first Christian martyr, St Stephen is celebrated the
day after Christmas. As one of seven deacons
appointed by the Apostles, Stephen is put to death for
his faithful witness of the gospel.

Charities – give thanks for the Anna Chaplaincy
movement, for our Cumbria chaplaincy and for the work
of the Alzheimer's Society

World Church - The Diocese of Oklahoma – The
Episcopal Church (*VII (7) Province*)

Tuesday 27th December

St John the Evangelist

One of the four New Testament gospel writers, John as one of the Apostles is a great teacher of the faith. St John's Gospel has priority over the other gospels and has a special place in Christian scripture.

Charities – for the work of the British Heart Foundation and for all associated charities working to eliminate heart disease

World Church - The Diocese of Okrika – The Church of Nigeria (Anglican Communion) (*Niger Delta Province*)

Wednesday 28th December

The Holy Innocents

The children murdered by King Herod are remembered immediately after Christmas as a reminder of the world's cruelty in opposition to God's love.

Charities – for the national work of the Great Ormond Street Children's Hospital, for their pioneering treatments of children's cancer and generic illnesses and for the charity that supports them.

World Church - The Diocese of Oleh – The Church of Nigeria (Anglican Communion) (*Bendel Province*)

Thursday 29th December

St Thomas Becket

Archbishop Thomas, who was murdered on the orders of King Henry, became a saint in the days after his

martyrdom and his shrine in Canterbury was the most visited in the late medieval church.

Charities – for the work of Marie Curie and Macmillan nurses, for our county’s Hospice at Home and for our two hospices, for the work of all these charities and all who are helped by them.

World Church - The Diocese of Olo – The Province of the Episcopal Church of South Sudan (*Western Equatoria Province*)

Friday 30th December

Charities – for the work of Cancer Research and all other smaller cancer charities which support pioneering work in tackling different forms of cancer and for all those assisted by them

World Church - The Diocese of Olympia – The Episcopal Church (*VIII (8) Province*)

Saturday 31st December

Charities – for MIND and all mental health charities. Pray for all seeking to help younger people and those who live by themselves. We pray for groups in the county who support local people

World Church - The Diocese of Omu-Aran – The Church of Nigeria (Anglican Communion) (*Kwara Province*)

Week One Theme – New Beginnings

Sunday 1st January 2023 – Christmas 1

Naming of Jesus

Today we remember the story from St Luke's Gospel of the baby Jesus being brought to the Temple in Jerusalem and Simeon prophesising that he would be the light of the world.

New Beginnings – we pray for this new calendar year, for the difficulties faced by so many and we ask for the gifts of hope, perseverance and compassion in helping us to cope with these challenges

God for All – for our leaders seeking to renew our ecumenical vision

World Church - La Iglesia Anglicana de Mexico

Monday 2nd January

St Basil the Great

St Basil is one of the Greek fathers from the fourth century, regarded as a great teacher of the faith and one of the first great theologians.

New Beginnings – for the beginning of a new working year, for those who lost jobs or businesses, for all who are under pressure in their work

World Church - The Diocese of Ondo – The Church of Nigeria (Anglican Communion) (*Ondo Province*)

Tuesday 3rd January

New Beginnings – for God for All roadshows and strategy, for the ecumenical governance structure and the work of Mission Communities

World Church - The Diocese of Ontario – The Anglican Church of Canada (*Ontario Province*)

Wednesday 4th January

New Beginnings – for those who have come to faith, and for the gospel message to be presented with clarity, humility and in love

World Church - The Diocese of Oregon – The Episcopal Church (*VIII (8) Province*)

Bishop James - Steering Committee
Bishop Rob – Licensing of Stephen Tudway

Thursday 5th January

New Beginnings – for the developing Fresh Expressions and Network Youth churches, for new fellowships which seek to be church in new ways and to plant new communities of prayer

World Church - The Diocese of Eastern Oregon – The Episcopal Church (*VIII (8) Province*)

Bishop James – Licensing of Sarah Jones at Upperby

Friday 6th January

The Feast of the Epiphany

Today the church remembers the visit of the Magi. The Orthodox celebrate this day rather than the nativity of Christ. Epiphany means God made 'manifest' in the life of Jesus.

New Beginnings – for our young people returning to schools, colleges and universities, for the difficult year ahead and for the challenges faced by all educational teaching and non-teaching staff

World Church - The Diocese of Orlu – The Church of Nigeria (Anglican Communion) (*Owerri Province*)

Saturday 7th January

New Beginnings – for our own personal new beginnings this year, for the challenges ahead, for courage and confidence in the future

World Church - The Diocese of Oru – The Church of Nigeria (Anglican Communion) (*Owerri Province*)

Week Two Theme – URC and Baptist Churches Sunday 8th January – Baptism of Christ

URC – for the process of appointing a new NW Synod Moderator, for the synod officers and the partnership in the ecumenical county

God for All – for plans being made for local groups joining together to deepen our faith

World Church - The Church of the Province of Myanmar

Bishop Rob – preaching at the Emmanuel Theological College Residential weekend in Swanwick

Bishops – attending the Evangelical Bishops Residential

Monday 9th January

*URC – for the county’s churches and their ministers
Alastair Smeaton, Martyn Coe, Kate Kent and Lisa
Wilson*

*World Church - The Diocese of Osaka – The Nippon Sei
Ko Kai*

Bishops – attending the Evangelical Bishops Residential

Tuesday 10th January

*URC – for the URC General Assembly, for Kevin
Watson and Alan Yates its moderators and for the
leadership of the national church*

*World Church - The Diocese of Osun – The Church of
Nigeria (Anglican Communion) (Ibadan Province)*

Bishops – Carlisle God for All Roadshow

Wednesday 11th January

*Baptists – for Andrew Dodd and his representative role
on behalf of the county’s Baptist chapels*

World Church - The Diocese of Osun North – The Church of Nigeria (Anglican Communion) (Ibadan Province)

Thursday 12th January

Benedict Biscop

St Benedict Biscop brought Bede into the religious life and was one of the great teachers of the Celtic monastic communities. He made five visits to Rome and brought back libraries of books for his monastic foundations.

Baptists – for the distinctive role of the county’s Baptist chapels and their joint mission with local Mission Communities

World Church - The Diocese of Osun North East – The Church of Nigeria (Anglican Communion) (Ibadan Province)

Bishop Rob – DBE Board Meeting

Bishops – Barrow God for All Roadshow

Friday 13th January

St Kentigern (Mungo)

St Mungo was forced to leave Glasgow in the sixth century and came to Cumbria founding a new community at Crosthwaite, Keswick. There are a dozen churches in the county dedicated to Kentigern showing his influence on the founding of the church.

Baptists – for the Baptist Union, its President Hayley Young, General Secretary Lynn Green, and Baptist Assembly

World Church - The Diocese of Ottawa – The Anglican Church of Canada (*Ontario Province*)

Saturday 14th January

Baptists and URC – we remember with sadness the past splits in the church which led in 1662 to the expulsion of many Baptists and Presbyterians, we give thanks now we are together in a common witness to the gospel message

World Church - The Diocese of Otuokpo – The Church of Nigeria (Anglican Communion) (*Abuja Province*)

Bishops - Cumbria Ministry Development Day at North Lakes Hotel

Week Three Theme – Week of Prayer Sunday 15th January – Epiphany 2

Week of Prayer – runs from 18th to 25th January. The theme this year is chosen by the churches of Minneapolis. Each day has a prayer contributed by the Christians living in these places. Today we remember the theme 'pray for unity amidst injustice'

God for All - Pray for training for lay ministry and for local lay evangelists

World Church - The Church of Nigeria

Bishop Rob – preaching at St John’s, London Road

Monday 16th January

Week of Prayer – for our local preparations to mark the Week of Prayer and for all those who will lead prayers, groups and special services

World Church – The Diocese of Owerri – The Church of Nigeria (Anglican Communion) (*Owerri Province*)

Tuesday 17th January

St Antony of Egypt

Antony ‘retreated’ into a deserted place to live a life of prayer after the example of Jesus. Following the Edict of Milan in 313 he inspired the desert Abbots and Ammas who taught the way of prayer that came to be known as contemplation. He has inspired Augustine, Benedict, Celtic, Ignatian, Carmelite and modern forms of Christian meditation. He is one of the four Greek Fathers.

Week of Prayer – for ecumenical groups meeting this coming week, for sharing and new fellowships

World Church – The Diocese of Owo – The Church of Nigeria (Anglican Communion) (*Ondo Province*)

Bishops – attending the College of Bishops

Wednesday 18th January

Week of Prayer – God, our only refuge and strength, we glorify you for you are a just and righteous God. We

confess before you that we often covet worldly models of leadership. Help us to seek our Lord Jesus Christ not in the palaces of the powerful but in the humble manger and to emulate him in his meekness. Encourage us to empty ourselves as we serve each other in obedience to you. We pray in the name of Christ who with you and with the Holy Spirit reign forever in glory. Amen

World Church – The Diocese of Oxford – The Church of England (*Canterbury Province*)

Thursday 19th January

Week of Prayer – for prayer services marking this Week of Prayer

World Church – The Diocese of Oyo – The Church of Nigeria (Anglican Communion) (*Ibadan Province*)

Friday 20th January

Week of Prayer – for shared children’s groups and for closer working together

World Church – The Diocese of Pacong – The Province of the Episcopal Church of South Sudan (*Eastern Bahr el Ghazal Province*)

Bishops – Bishop’s Council Residential

Saturday 21st January

Week of Prayer – for social justice projects locally and for the outreach of our Mission Communities

World Church – The Diocese of Panama – Iglesia Anglicana de la Region Central de America

Bishops – Bishop's Council Residential

Week Four Theme – Week of Prayer & Salvation Army

Sunday 22nd January – Epiphany 3

Week of Prayer – for local church leaders, that together we might have the vision to encourage local mission

God for All - pray for the work of Emmanuel Theological College – for all students and staff and especially for Paul Dunthorne.

World Church - The Church of North India

Monday 23rd January

Week of Prayer – for following Jesus each and every day as fellow Christians witnessing to the faith in every moment of our lives

World Church – The Diocese of Pankshin – The Church of Nigeria (Anglican Communion) (*Jos Province*)

Tuesday 24th January

Week of Prayer – for our mutual care and respect for creation, for the movement to create eco-churches

World Church – The Diocese of Panrieng – The Province of the Episcopal Church of South Sudan (*Upper Nile Province*)

Wednesday 25th January

Conversion of St Paul

Saul's conversion is recorded in Acts 9. He became known as St Paul and through his letters shaped the emerging church, one of the founders of our church.

Week of Prayer – giving thanks for this year's Week of Prayer, we pray for a sense of unity and purpose

Salvation Army – for David Taylor and the leadership of the Salvation Army in the north west, for their commitment to the poor and those most in need

World Church - The Diocese of Panyana – The Province of the Episcopal Church of South Sudan (*Central Equatoria Province*)

Thursday 26th January

St Timothy and St Titus

Companions of St Paul and recipients of letters named after them. St Paul's advice to them, teaches us all how to be Christ's disciples in our daily lives.

Salvation Army – for the Salvation Army churches in Cumbria and their leaders, at Barrow, Carlisle, Kendal, Penrith, Workington and Whitehaven

World Church – The Diocese of Paraguay – The Anglican Church of South America

Bishop James - NW Bishops Meeting

Friday 27th January

Salvation Army – we pray for those assisted and supported by this year's Winter Appeal. We give thanks for the practical love and care shown to so many who are neglected by our society.

World Church - The Diocese of Paraná (Curitiba) – Igreja Episcopal Anglicana do Brasil (2 Province)

Saturday 28th January

St Thomas Aquinas

St Thomas was a Dominican living in the thirteenth century regarded as one of the greatest theologians of the church. His influence on the development of Christian doctrine has been immense.

Salvation Army – we give thanks for the Salvation Army's key role is helping those who are rescued from modern slavery, supporting victims in their moment of need and assisting them in building a life for themselves free of exploitation

World Church – The Missionary Diocese of Patheingyi – The Church of the Province of Myanmar

Vision Prayer

Living Lord, as we offer to you our common life,
refresh our vision that we may know your will
and seek to follow in all your ways.

May we **follow daily** as your disciples,
care deeply for one another in community,
speak boldly your gospel word of love,
and **tread gently** as faithful stewards of your
goodness.

We ask this in the power of your holy name,
Creator, Redeemer and Sustainer
of our lives, today and for ever. **Amen**

Prayer for Peace in Ukraine

Lord Jesus you are the Prince of Peace,
look upon our divided world
to be with those who are victims of violence.

We pray for the people of Ukraine
and all who have been subjected to the cruelty of
others.

Help us to know the gift of your peace
in the power of your Spirit and
we ask you to soften the hearts
of those who can stop the fighting.
Creator God we ask for your aid as your children of
light
living in the darkness of our world. Amen
But most of all, be with us this day. Amen