

## **Diocese of Carlisle Board of Education**

www.carlislediocese.org.uk/education

Weekly Communication: 23<sup>rd</sup> June 2022

### **Reflection:**

I have spent the week reflecting on the powerful messages from last week's conference. In particular, I've been thinking about the many and varied ways in which I am privileged and how I might be able to use that privilege better.



I found this prayer which I have found helpful and thought you might too ...

Gracious God, you created all of us in your image. Open our hearts and minds to this reality. Let us recognise that we are all Your beloved sons and daughters.

You are community: Father, Son, and Spirit. Help us to foster community in our neighbourhoods. Teach us to be one as you are one. Teach us to love as you love.

Open our eyes to the sin of racism. Show us where it exists in our society. Please grant us the courage to denounce it, but always with a loving heart like yours.

Enlighten our minds to be aware of our own weaknesses and gently teach us not to act out of our own biases. Teach us to celebrate our differences and to see diversity as strength.

Please grant us the grace to work together for an end to racism in our world. We long to live together in your kingdom as brothers and sisters.

Amen.

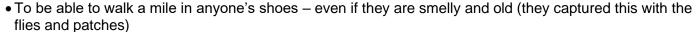
# **Wellbeing Corner**



#### Compassionate Leadership Series: Understanding Compassion

Let me introduce you to Mr Compassion; he was created by the children of my old school back in the days of my headship. Through the vehicle of Worship, they designed a Mr Man character to reflect what they understood by compassion and likewise, how to live in alignment with compassion. They decided it means:

- To listen (hence the giant ears)
- To help and support (hence the walking stick)
- To observe and notice what you can (Mr Compassion has big eyes)
- To be warm and inviting to everyone (see the big smile)





Most important here were the shoes; the children could all speak of being compassionate to a friend but to be able to show compassion to someone they disliked or someone who made them uncomfortable was much harder to live by. Having Mr Compassion on display became a very helpful resource over time; when helping children repair friendships or bring some restoration into a challenging situation, he became a reference guide to help children think over how they had been showing compassion – or not – and most importantly, understand how to move from a place of self-absorption to being aware of how someone might be experiencing life at that moment in time.

We talk about words like compassion; however, we need to ensure it is fully understood as a concept before exploring it as an approach to leadership. Much as it would be lovely to spend some time creating our own Mr Men, we do need a more 'grown up' way of defining it. The infographic below sets out the NHS definition; very simple and yet fundamental foundations to a broader compassionate leadership model.



- Attending: paying attention to another and noticing
- Understanding: understanding what is causing another to feel a certain way and making an appraisal of the cause
- **Empathising:** having an empathetic response
- **Responding:** taking intelligent (thought and appropriate) action

# **Christian Aid Global Neighbours Awards:**

Currently, the following schools in our Diocesan family have already achieved a Bronze Award (well done them):



Eaglesfield Paddle
Lazonby CE
St. Bridget's CE Primary, Cockermouth
St. James' CE Infant & Nursery, Whitehaven
Vicarage Park

If you aren't on this list and should be, please do get in touch. Otherwise, please do consider giving it a go!



#### **Bible Trivia Resource:**

https://allthetrivia.com/bible-trivia/

# The Lord's Prayer:

# New great free resource from Church of England Birmingham launched this week!

# One minute film: The Lord's Prayer led by Birmingham children

A team of colleagues in the Church of England Birmingham has produced some videos of children saying the Lord's Prayer. The children are all from Anglican churches in Birmingham, and their families come from a variety of different countries. The aim is that this will be a prayer resource, reflecting some of the diversity of the Anglican church in Birmingham, that can be used in churches and schools. We hope that children and



adults will either see themselves reflected in the video, or be inspired, and perhaps challenged, by the diversity represented. The videos are free to use and are available

at https://youtube.com/playlist?list=PL0y97u25O5LdkmZpE8fZmsGczzzEJRT0E

#### They can also be found

here: <a href="https://drive.google.com/drive/folders/11YiEfIR\_ElYgT\_AhlOrKCjodgbnWkNK\_?usp=sharing">https://drive.google.com/drive/folders/11YiEfIR\_ElYgT\_AhlOrKCjodgbnWkNK\_?usp=sharing</a> where they are accompanied by resource sheets available to help churches and schools think about how they can best use the films. There are separate sheets for church schools and community schools, as well as for churches.

As you'll see there are four films available: two are completely in English, one has a musical backing track and two start with the children saying the words 'Our Father' in their family language and again one of these has the backing

track. Each of the films has the words to the Lord's prayer on the screen so that people can easily join in with the prayer, or use the film to learn about this central prayer for Christians.

Here are some comments from church school pupils in the diocese of Birmingham:

- "I think the video is really powerful as you can see how everyone has come together to pray to God." Will Yr 5
- "I love how everyone used their own special language and shows how everyone can pray the same prayer." Isabelle Yr 4
- "Everyone whose families are from different countries are not that different and we can all worship God. We can even use the same prayer." Layla Yr 3
- "You don't have to just speak English to be a Christian." George Yr 1
- "In my class we have people that can speak different languages. It shows that we are all the same and can worship God in any language." Maisy Yr 1
- "It's really nice to hear all the different languages me and my friends can speak other languages too." Sanvi Yr 4

Throughout this week Church of England Birmingham will be promoting these films on social media. If you are able to promote these films across your own networks, the Education Team would be really grateful, as we believe they are a valuable prayer resource that will be both an encouragement and inspiration.



Join hundreds of schools from around the world taking part in this year's Spirited Arts competition!

Winning entries will provide a good response to one of the 5 themes, and judges will be asking: Is it original? Is it well-crafted? And (most importantly!) Is it excellent RE?



#### How to enter?

Pupils can enter individually, in pairs or groups, or as whole class, year or school entries. We have also been pleased to receive entries from whole community groups on previous years.

#### All entries must be received before 31 July 2022.

Many schools host their own Spirited Arts competition and send their 10 winning entries in to our international competition. What a great way to engage all your teachers and pupils and raise the profile of RE in your school! To enable teachers to incorporate the art competition into their RE lessons, many schools have an 'Spirited Arts' unit of work, or a special learning RE/arts week.

#### Here are a few key things to remember:

- 1. If teachers are able to collate and send in their **10 best entries** (as usual), that would be a big help for us!
- 2. If this isn't possible due to social distancing policies, pupils can submit their own entries but they must include their NAME, AGE, SCHOOL NAME, SCHOOL POSTCODE and have the ARTWORK AND WRITE UP TOGETHER.
- 3. Entries must reach us before 31 July 2022 to be accepted.

**Further information here** 

#### Dear RE colleague

I would like to invite you to my next Islam CPD webinar for Primary Schools:

Teaching & Learning about Hajj / Pilgrimage to Mecca and Eid-ul-Adha.

#### You will find the booking link below.

Training Date: Thu 7 July (4-5 pm) Location: Zoom Live Webinar

Cost: ONE FREE place for schools that have subscribed to IslamREsources.co.uk.

£25 per person for non-members Includes all training materials.

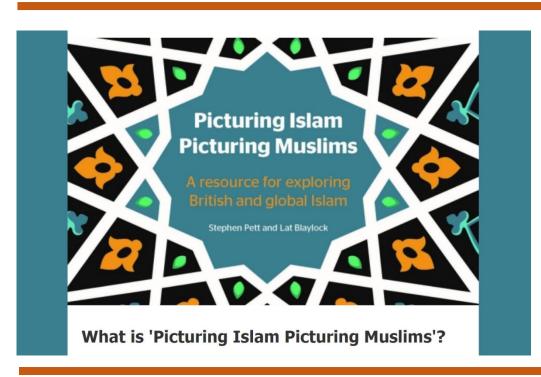


I will explain the rituals involved in Mecca, Ka'bah, Mina, Arafah, Muzdalifah, Safa & Marwah during the 5 days of Hajj. Includes Islamic stories that link to Biblical stories. This webinar will give you the confidence to teach Hajj in detail and accurately & lead an assembly on Eid-ul-Adha at your school.

To book your place on the webinar click <u>HERE</u> or copy this link into your browser <u>https://zfrmz.com/QOOGcTb3rI5EsBHsRBs2</u>

If your school isn't a member of <u>IslamREsources.co.uk</u> and you would like to attend this and future webinars for FREE as well as access all my Islam Teaching & Learning resources...Please complete the subscription form <u>HERE</u> or copy this link into your browser <u>https://zfrmz.com/FCROfodagi7iuFeyPfTO</u>

Thanks Imran Kotwal



Further information is attached can be found in the email circulated with this communication.



# **Questful RE:**









We are delighted to announce that Blackburn Diocese have committed to providing a bespoke Carlisle Diocese training session for any of you already committed to using their scheme (which will be moving to an online platform in September). Equally, if any of you would like to take this chance to adopt this Ofsted and SIAMS approved RE curriculum, scheme of work and assessment package, please do so.

The course, at the North Lakes Hotel, Penrith on Wednesday 19<sup>th</sup> October, will be tailored to Carlisle Diocese schools and you should feel free to ask any questions you may have.

The cost of the new online scheme is £75+VAT.

You can book a place on the training course here: <u>Primary: Successfully using the Questful RE online syllabus –</u> Blackburn Diocesan Board of Education (bdeducation.org.uk)



# **Training Opportunity:**

We are blessed to have the expertise in the Diocesan team to offer subsidised Mental Health First Aid training for school staff.

There are two possible models and I would be grateful if you would indicate a preference:

- Two day's face-to-face training resulting in a full Mental Health First Aid certificate; or
- An online, largely self-taught course involving x4 3.5 hour sessions online and some home learning.

We hope to run sessions either later in the Summer Term or in the Autumn Term. Indications of interest are warmly invited.

# **Training:**

Coming up this half term:



- \*Monday 27<sup>th</sup> June **Headteacher Peer Support Network Session 5 of 5** with Ruth Houston
- \*Wednesday 29<sup>th</sup> June **Headteacher Peer Support Network Session 5 of 5** with Ruth Houston

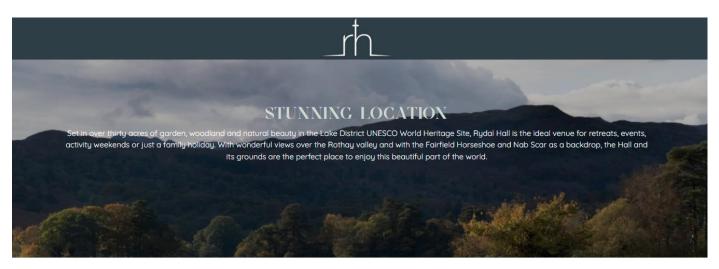
Monday 4<sup>th</sup> July - Embedding Understanding Christianity – Assessment and end of unit activities online at 4pm *for anyone in the January or April training cohorts*: with Laura Watson

Simply email <a href="mailto:education@carlislediocese.org.uk">education@carlislediocese.org.uk</a> to join any of our courses or events.

There's always lots going on. Don't forget to keep an eye on our Events Programme.

\*There are two options for Peer Support Networks. The content is the same at both.

Our new Events Schedule for 2022-2023 is attached



#### RYDAL HALL: BUNKHOUSE ACCOMMODATION FOR SCHOOLS

If you've never visited Rydal Hall, I can't recommend it highly enough.

We are very fortunate to have this amazing Diocesan retreat centre available to our schools. The opportunities at Rydal at endless.

It offers the perfect location for children to enjoy the great outdoors and the ideal place for a first holiday away from home. A great place to learn some life skills but so much more ... opportunities to appreciate the natural world, to ask big questions about the meaning of life, to develop character (taking risks and trying new things for the first time) and to develop spiritually. The hall has its own chapel and schools can expect a warm welcome and support for their pupils and staff during any visit.

The lovely Rydal Hall Bunk House, situated to the rear of the main Hall, sleeps up to 29 people in 4 dormitory style rooms. It includes a communal room with a fully equipped kitchen and seating area. At £335 per night, it is a very affordable venue for an inclusive residential trip.







[For larger groups there are also extensive camping facilities.]

Please call Rydal Hall on 015394 32050 for further information or to book.

As always, if you have any questions about any of the information contained in this week's communication, don't hesitate to get in touch:

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