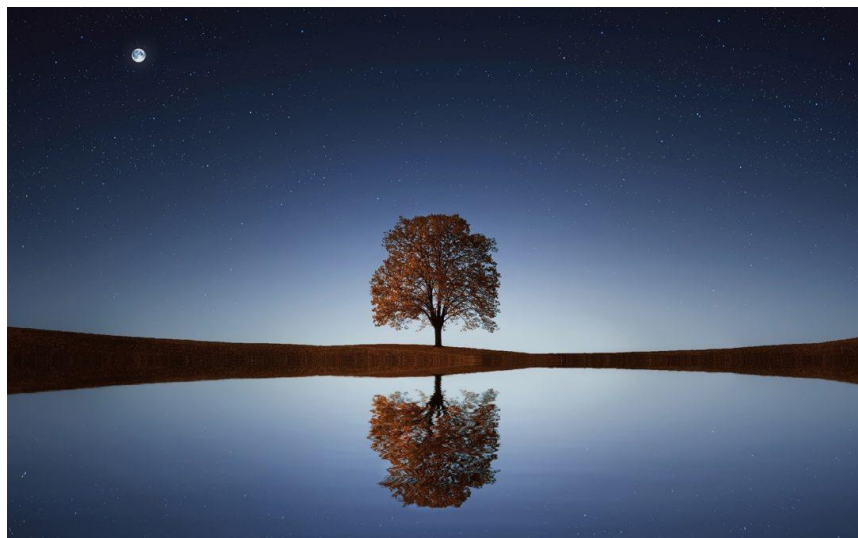


Diocese of Carlisle Board of Education

www.carlislediocese.org.uk/education

Weekly Communication: 10th March 2022

Reflection:



I was looking for an image to accompany this week's reflection and once I'd found this one, I couldn't stop staring at it.

It put me into a very reflective mood so I thought, rather than share the original reflection, I'd share this image in the hope that you too will enjoy a little moment of awe and wonder as you gaze at it.

*The earth is the Lord's, and everything in it,
the world, and all who live in it.*
Psalm 24:1



Carlisle Diocesan Board of Education: Leaders' Conference 2022

Made in the Image of God

Thursday 16th June: The Roundthorn Hotel, Penrith CA11 8SJ

Breakfast from 9am. Finish at 3.30pm

- ❖ Prof Paul Miller, Educational Equity Services ❖
- ❖ Janett Walker, CEO Anti Racist Cumbria ❖
- ❖ Dr Margaret James, National Director of SIAMS ❖
- ❖ Plus some friends of the Diocese; a range of stalls and lots of time to catch up with colleagues ❖

Contact education@carlislediocese.org.uk for more information or to book a place.

£50 for Enhanced Partnership Agreement Schools with a free Foundation Governor place. £120 per person for anyone else.

Let us consider how to stir up one another to love and good works ***Hebrews 10:24***



Farewell to Vanessa:

As you will be aware, it was with great sadness that we learnt that Vanessa will be leaving her role as Director of Education at the end of term. There is absolutely no obligation, but we wanted to share the opportunity to contribute to a farewell present if you would like to.

Just follow this link: <https://www.paypal.com/pools/c/8HUu7esGb5>

Any school or individual that makes a donation will have their name included on the farewell card.

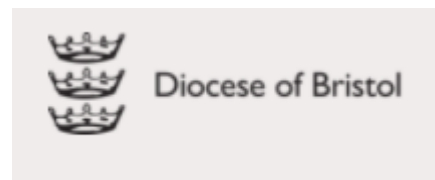


Inclusion Corner:

This week, a colleague from another Diocese sent me an advert for a role they are advertising in case I knew anyone who might be interested.

It really lifted my spirits to see that they are actively seeking to address the under-representation of certain groups in their workforce.

Disabled people, those from Black, Asian and minority ethnic backgrounds and people under 30 are under-represented in our workforce so we particularly encourage applications from people in these groups.



It would be wonderful to see a similar approach in our own job adverts. Something to think about as we Consider how to stir up one another to love and good works.

Small schools curriculum request:

Helen Harrison at St Matthew's CE School is currently looking at curriculum options for teaching whole key stages (all together) rather than individual year groups.



If any small schools have used CUSP or Focus (or have the perfect curriculum!) and are willing to share their views (positive or negative), she would love to hear from you!

Contact her on head@stmatthews.cumbria.sch.uk

Church Corner

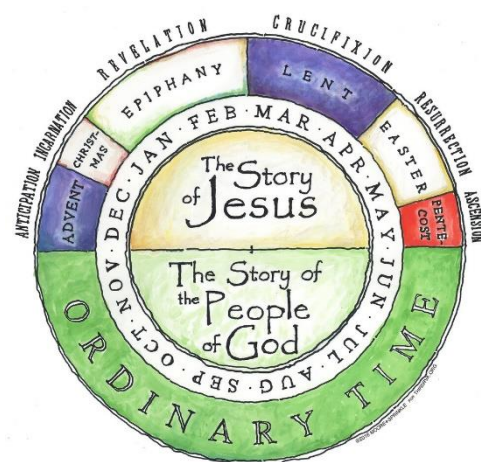
This week: Season of Lent

Colour: Purple

Welcome to Church Corner.

This afternoon, during after school club at one of my local schools, I was discussing with pupils how confusing names in the bible can be. We've been working our way through the Old Testament. Last week was Joseph in Egypt. This week was Moses in his basket. We were noting the similarity of Mary and Joseph avoiding the slaughter of Jesus by a King (thanks to the tip off from the Wise Men) and Moses avoiding slaughter by a King (thanks to being hidden in the rushes). We had to make sure the children understood that the Joseph we were talking about last week was a different Joseph to the person who was betrothed to Mary, Jesus' mother!

In this week's Gospel reading we hear of 'Herod'. The Herod referred to in the nativity story is Herod the Great, who died shortly after Jesus' birth. The Herod in this week's story is one of his sons, Herod Antipas, who ruled Galilee and Peraea until AD 39, when he was deposed by the Romans.



Sunday 13th March: Second Sunday of Lent

Most churches this week will hear a short Gospel reading, Luke 13:31-35, often entitled "Jesus' sorrow for Jerusalem". Jesus is warned that Herod intends to kill him. For those who know how the story ends this is a surprise, because we suspect that the Chief Priests and Temple authorities are the more immediate threat (see Luke 22:1-6). We know that some people close to Herod support Jesus (Luke 8:1-3). The character of Herod imagined in the Musical *Jesus Christ Superstar* captures something of this ambiguity. The source of the warning is also a surprise, for it comes from Pharisees, who we often (and wrongly) assume are uniformly opposed to Jesus. All these things remind us that people are individuals: we should not make assumptions about them on the basis of the groups to which they belong. In response, Jesus speaks of his own death in Jerusalem. He does not speak with resentment, but with love (verse 34). He is speaking not of the place, or of things, but of the people – even those he knows oppose him, or will be complicit in his death. ST

Cathedral Corner!

Carlisle Cathedral/Board of Education Labyrinth Project

We are well underway with delivering the 'tiles' to those schools who have signed up to be part of the Labyrinth project. The last few should be delivered next week.

Schools should have received an e-mail which includes the teacher's guide and details of how to return the tiles.

This PDF has now been slightly updated with some additional activities and has been added to the diocesan website [here](#). Or feel free to contact Morven at education@carlisle-diocese.org.uk



Diocesan Y6 Leavers' Service

We are delighted to confirm that we are able to resume the diocesan Y6 Leavers' Services this summer and as well as having services at **Carlisle Cathedral** we will also be offering a service at **Holy Trinity Church, Kendal**.

And once again we are grateful to Andrea Armstrong for co-ordinating this special event.

The services will take place at:

Holy Trinity Church, Kendal

Tuesday 14th June commencing 11am

Carlisle Cathedral

Wednesday 15th, Thursday 16th and Friday 17th June also at 11am.

We anticipate the services to last approximately 1 hour.

Schools will need to book their place as soon as possible by emailing the following information to aa@kirkbampton.cumbria.sch.uk or Tel: 01228 576377

- Date preference (1st and 2nd choice) and venue
- Number of pupils attending
- Number of staff attending
- Any access arrangements (i.e. wheelchair users)

Every effort will be made to try and accommodate schools' choices, however due to the seating capacity of the Cathedral we may have to offer you an alternative slot.

All e-mails will be acknowledged with a confirmation of the slot issued. If you do not receive any confirmation, please check that we have received your booking.

We regret that due to the limited number of seats available we are unable to offer places to parents.

Please can you reply by Wednesday 4th May 2022.

- We will once again ask schools to bring a banner for the opening procession
- If you would like to put forward a child to do a reading in the service, please let me know

Further information will follow once we have confirmed numbers.

For those attending Carlisle Cathedral, you can also reserve a slot for your leavers to see the completed Labyrinth in the Fraternity before or after the service. This can be arranged through Sarah Cameron at the cathedral heritagelearning@carlislecathedral.org.uk. Visits to the Labyrinth must be booked in advance of the leavers' services.



Training:

Coming up this half term:

Preparing for a SIAMS Inspection: Thursday 17th March at 4pm

New and Acting Headteachers Induction Programme (Ethos and Culture): Wednesday 23rd March at 1pm

NEW COURSE Spiritual Development (*how to plan for it and evidence success in an inspection*) Wednesday 23rd March at 4pm

Simply email education@carlisle-diocese.org.uk to join any of our courses or events.

There's always lots going on. Don't forget to keep an eye on our [Events Programme](#).

Support for teaching Islam

<https://muslimlearnerservices.org/>

With Ramadan starting around the 2nd of April, Imran Kotwal from Muslim Learner Services is offering a **FREE virtual** Teaching & Learning about Ramadan & Eid CPD session for Primary School RE Leads, Teachers and/or Headteachers.



15th March 2022 4-5pm or 29th March 2022 4-5 pm.

Description: In this session, we will explore questions like: What is Ramadan? Why do Muslims fast? Why do some Muslims in Britain start Ramadan on different dates? Do all Muslims need to fast? What is Suhoor & Iftar? What is the Night of Power? What is I'tikaf? How do Muslims celebrate Eid-ul-Fitr?

This virtual session led by a British Muslim teacher will help primary colleagues develop an in-depth understanding of Ramadan & Eid. There will be an opportunity to ask questions throughout the session and all schools will be provided with FREE training materials and resources to use with pupils. By the end of the session, you will be able to confidently lead a Ramadan / Eid-ul-Fitr assembly or lesson for all your primary pupils!

Places are limited to one free place per school.

To book your place please complete the booking form [HERE](#)



Church of England NPQs

This short video answers many of the questions we are regularly asked about NPQs – which one is right for teachers and leaders at different stages of their career and with different responsibilities? Who is delivering the courses in our Area? Do have a look. Even if you aren't thinking of a qualification for yourself right now, you may be struck by one of them which might be relevant for a colleague or a friend.

For more information or if you have any questions, please contact Chris Boucetla:
siochrisb@thegoodshepherdmat.co.uk

Heads Huddle:

Heads Huddle is a weekly opportunity to meet with fellow school leaders and members of the Diocesan Education Team in a relaxed and informal online chat.

Please do join us to share the highs and lows of the week; to take a moment for reflection; to enjoy some mutual support; to ask any questions on your mind; and to receive any updates available.



We'd love to see you at 3.45pm on Tuesdays whenever you can make it.

<https://uso2web.zoom.us/j/88350734545?pwd=aEFSQlk3Wm5qK2FWNk8wSoxVNC84dz09&from=addon>



Feedback from Headteachers: themes of the week

Ukraine: it has been humbling and inspirational to hear about your children's responses to the war in Ukraine this week. Thank you for all you are doing in your school communities to support the work of DEC and other relief agencies working in Ukraine. Thank you too for all you are doing to support your pupils, some of whom we know have been hugely affected by the atrocity.

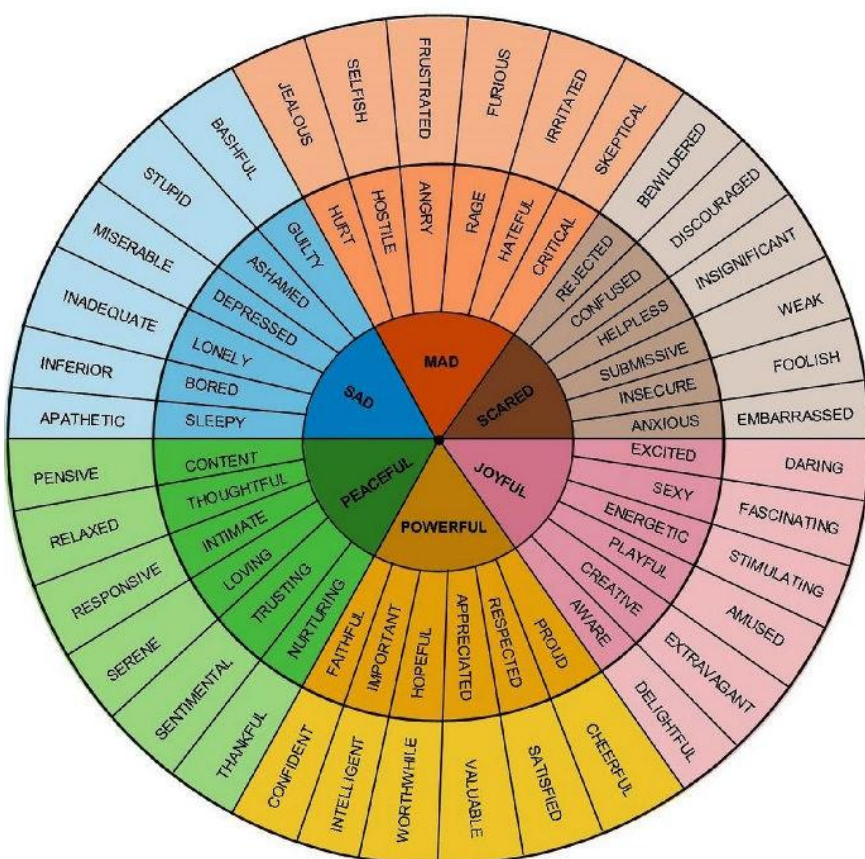


Rising costs of living and impacts: I wasn't able to be at this week's Huddle but I know Vanessa was very struck by the concern about living costs from one of you working in an area with high levels of deprivation. We have already seen the cost of food and fuel rise sharply and it seems likely that things will get worse before they get better.

Wellbeing Corner: self-Talk



Click for our full
Wellbeing Strategy



We all have within us several voices that talk to us continually; some of these shout and some whisper so quietly, we fail to pick up what it is they have to say. The truth is, the voice that can sometimes have the biggest claim to our listening capacity is that which comes from our knowledge of our biggest weaknesses and sense of inadequacy. In times of struggle, unease or challenge, it is here that our vulnerabilities are exposed and our self-talk – the dialogue we tune into in our internal processing – becomes one of failure where we remind ourselves of what we cannot do, or where we are lacking. Without something in our toolkit to regulate this kind of self-talk and establish some control over it, very quickly we might as well have handed it a megaphone and given it unlimited access to our brain.

So, what do we do? Learning to regulate negative self-talk takes time. It takes a conscious effort of replacing a limiting belief and self-perception with an empowering one; likewise, reflecting on strengths,

seeking learning and growth from the things that have gone wrong, and investing time in building a balanced sense of self that can recognise what is an asset and a strength as well as what needs to develop can gradually quieten down a negative internal voice that is rooted in lack of confidence and esteem. Also helpful is building emotional literacy and being better equipped to express feelings. The Feelings Wheel tool is a very helpful way of extending vocabulary around emotions and giving an individual a means to explain where they are coming from or what is going on for them in a particular moment. Once an emotion has been shared, it can lose some of the 'hold' it has over someone and creates the opportunity for a helpful conversation to take place. Such a tool has real value with children and adults; it is empowering and liberating to have a means to communicate in full what can be complex and confusing.

. Pam Weeden, Diocesan School Consultant
Executive Coach

Top Latest People Photos Videos



Andy Wolfe FCCT @mrawolfe · 5d

The @CofE_EduLead National Conference is COMING BACK!!! 🙌

Date confirmed today for FRIDAY 3.2.23 at @StMM_Academy London. Save the date, spread the word and enjoy this reminder of what happened in 2020 when 800 leaders (staff&students) gathered together! 🙌 🙌 🙌



3,441 views

12

26

68

Show this thread



Another date for your diaries:

The National Church of England Conference for Leaders will be back on **3rd February 2023.**

Further details to follow nearer the time.

SPRINGS

DANCE COMPANY

Springs Dance Company's ***The Good Samaritan*** and ***You Are Special*** workshops, available now for your school.

Springs Dance Company specialises in cross-curricular dance, in particular with Religious Education, Values and PSHE. Focusing on the importance of helping others, ***The Good Samaritan*** workshops will consider the relevance of the parable, think about what is important and ask moral questions, going deeper into RE. Alongside the workshops you can treat the whole school with a fun-filled assembly performance, based on the parable of ***The Lost Coin***.

Springs is also delighted to be offering to schools its much loved ***You Are Special*** workshops. Based on Max Lucado's book, ***You Are Special***, the workshops tackle the big issue of self-esteem and create opportunities to discuss ideas about self-worth and how we treat others.

'Absolutely brilliant! The workshops were just right for the children who really loved it.' RE Co-ordinator, St Luke's School

Further details can be found at <https://springsdancecompany.org.uk/index.php/join-in/schools-workshops>

To book and to find out more please email touring@springsdancecompany.org.uk or call 07876 752 910

❖ FLYERS ARE ALSO ATTACHED FOR MORE INFORMATION ❖



If you have a vacancy you would like to advertise here, don't hesitate to send it to charlotte.tudway@carlisle-diocese.org.uk. I aim to send out the weekly communication each Thursday so any 'copy' would need to be with me by Wednesday evening (or early Thursday morning) to make it into that week's edition.



Lazonby School is currently looking to recruit a part-time SENCo.

If you know someone who might be interested, please ask them to contact: andrew@lazonby.cumbria.sch.uk for more info



Patterdale School are seeking a new Clerk to Governors

Please email Mandy if you know someone who might be interested
info@patterdale.cumbria.sch.uk

HEADTEACHER VACANCIES

The following church of England Schools are currently advertising for a new Headteacher:

- ❖ Culgaith
- ❖ St James' Infant, Whitehaven
- ❖ Seaton St Paul's Junior



For more information, visit Cumbria County Council's website by clicking on the logo above.

As always, if you have any questions about any of the information contained in this week's communication, don't hesitate to get in touch:

Charlotte Tudway
Deputy Director of Education
charlotte.tudway@carlisle-diocese.org.uk
www.carlisle-diocese.org.uk/education
07917 993659

