

## Diocese of Carlisle Board of Education

[www.carlisle-diocese.org.uk/education](http://www.carlisle-diocese.org.uk/education)

Weekly Communication: 20<sup>th</sup> January 2022

### Reflection:

Be still and know that I am God

<breathe>

Be still and know that I am

<breathe>

Be still and know

<breathe>

Be still

<breathe>

Be

<breathe>



### Training:



Coming up this half term:

**Introduction to Church School Governance, Tuesday 3<sup>rd</sup> February.**

We are adding a brand-new SIAMS course to our programme for the Spring Term. We will be delivering a session on **Spiritual Development on Wednesday 23<sup>rd</sup> March at 4pm**. We will be exploring what we mean by Spiritual Development, how we plan for it across the school and how we can tell whether our provision is enabling spiritual development in our pupils as they progress through our school (and evidence this in an inspection).

And, watch this space for another brand new session, **RE Leadership for those new to leading RE or new to the role of Headteacher in a Church School**. In this course, I and our RE Consultant, Laura Watson will be unpacking curriculum expectations (ensuring a balance of theology, sociology and philosophy), how we ensure that RE lessons enable pupils' spiritual development and reflect our school's vision and possible ways to monitor progress across the school. Date TBC, First half of Summer Term.

Simply email [education@carlisle-diocese.org.uk](mailto:education@carlisle-diocese.org.uk) to join any of our courses or events.

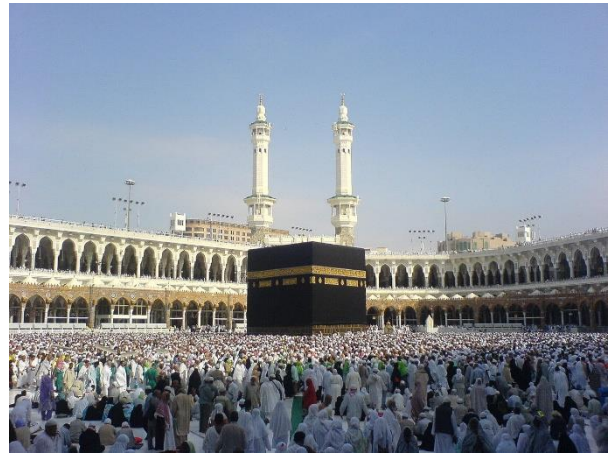
There's always lots going on. Don't forget to keep an eye on our [Events Programme](#).

## Support for teaching Islam

### A message from Imran Kotwal

"I recently delivered a number of Islam CPD courses virtually to Primary RE teachers - the recordings are now available to help teachers develop their subject knowledge and confidence in teaching Islam.

If you would like a live virtual session on any of the topics below just for Primary RE leads I'm happy to facilitate.



### There are 5 Teaching and Learning about Islam courses:

1. **The 5 Pillars of Islam**
2. **The 6 Articles of Faith**
3. **What does it mean to be a Muslim in Britain Today? Includes Islamophobia**
4. **Islamic Artefacts / Special Objects in Islam**
5. **How to use the Qur'an in your planning and teaching.**

Please see the attached flyer for more information about the content and how to access the recordings or [CLICK HERE](#) to go directly to the booking form.

Any problems, please email [Imran@muslimlearnerservices.org](mailto:Imran@muslimlearnerservices.org)



## Church of England NPQs

This short video answers many of the questions we are regularly asked about NPQs – which one is right for teachers and leaders at different stages of their career and with different responsibilities? Who is delivering the courses in our Area? Do have a look. Even if you aren't thinking of a qualification for yourself right now, you may be struck by one of them which might be relevant for a colleague or a friend.

For more information or if you have any questions, please contact Chris Boucetta:

[siochrisb@thegoodshepherdmat.co.uk](mailto:siochrisb@thegoodshepherdmat.co.uk)

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## Heads Huddle:

*Heads Huddle is a weekly opportunity to meet with fellow school leaders and members of the Diocesan Education Team in a relaxed and informal online chat.*

*Please do join us to share the highs and lows of the week; to take a moment for reflection; to enjoy some mutual support; to ask any questions on your mind; and to receive any updates available.*



**We'd love to see you at 3.45pm on Tuesdays whenever you can make it.**

<https://uso2web.zoom.us/j/88350734545?pwd=aEFSQlk3Wm5qK2FWNk8wSoxVNC84dz09&from=addon>

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## Inclusion Corner:



Our Diocesan Schools Adviser, Ruth Houston, has shared a video she thought you might find interesting:

*“The video of this lady discussing decolonising Jesus in the RE curriculum is interesting and it only lasts about 6 minutes, Ruth”*

<https://www.reonline.org.uk/research/research-of-the-month/>

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## Wellbeing Corner:

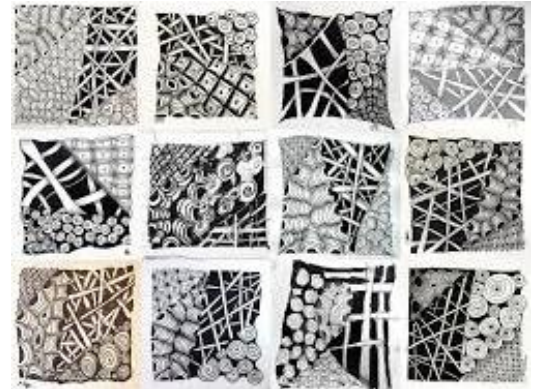


Click for our full  
Wellbeing Strategy

### Creativity and Wellbeing: Zentangles

Zentangling is a combination of both meditation and art; as well as promoting concentration and creativity, following the zentangle method enables relaxation, develops self-awareness and can help achieve positive outcomes for both adults and children struggling with stress, anxiety, sleep disorders or hyperactivity.

So; how do you create a zentangle? Using a combination taken from or incorporating all five basic marks, these being dots, circles, lines, waves and s-shapes, zentangles are created through constant repetition; over time you will start to notice that you are making the same patterns over and over again. Likewise, much like walking, swimming, jogging or any other kind of repetitive activity, as you create and repeat the patterns, your mind is encouraged to settle and calm.



Here are some step by step instructions for you:

1. **Cut out a 9x9 cm piece of paper** or take a prefabricated tile.
2. **Draw a frame on the paper.** For that, define your corner points and connect them with lines. The lines can be straight as well as curved –go with what you feel like.
3. **Divide the existing space** into smaller parts by drawing a string (stroke). This can be straight or curved; again, just go with what you feel like.
4. Now you can start: **draw your first Tangles.** Switch from pencil to fineliner. If you are still a bit unsure, stay with your pencil for the time being. Start by filling the individual areas with patterns of your choice. The smaller the areas the quicker you will see first results.
5. Finally, you can decorate your tiles **with shades or even use some colour.** Personally, I love sparkly gel pens – and there is something about buying them that takes me back to childhood and my love of art supply shops.

Enjoy!

**Pam Weeden, Diocesan School Consultant  
Executive Coach**

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## SIAMS Suspension Update

At an update earlier this week, the national team confirmed that they will make a decision about when to resume inspections at the end of the month.

It is expected (COVID changes dependent) that they will resume early in February. We will of course, let you know as soon as we are notified.



### Picture News

If you've never seen Picture News before, you might want to have a look whilst they currently have a 4-week trial on offer free of charge.

Picture News (as the name suggests) brings to life, through pictures, thought provoking news, issues, topics or themes.

There are follow up, age appropriate 'big questions' for each Key Stage.

They have just launched their new format. A sample is attached. You can find out more [here](#)



Dear Headteacher

I wanted to let you know about a collaboration taking place in 2022 between Carlisle Cathedral and the Diocesan Board of Education, and to invite your school community to participate with us in this exciting project.

Throughout 2022 Carlisle Cathedral is working with partners to deliver a series of events and activities to celebrate the 900th Anniversary of the foundation of a Priory in Carlisle, which in 1133 became the Cathedral. The year is titled 'Journey and Rest 1122-2022: a Year of Pilgrimage to Celebrate 900 years of Carlisle Cathedral and Priory'.

Life's journey is full of unexpected blessings and challenges; activity and quiet. We want to celebrate life's journey and rest – its pilgrimage – with your school community, by inviting you to join with us, and the other 103 church schools in the Diocese, in a project to create a School's Labyrinth.

This project will build on our existing partnerships around the Year 6 Church School Leavers' Service at the Cathedral, which we plan to host again in June 2022. Our project to create a Labyrinth would both lead towards - and out of - that service, as our children and young people continue to travel through the complexities of these recent years.

The project would involve your school being sent a pre-designed foam tile – a piece of the Labyrinth - to decorate in a manner which speaks of the journeys and life of your community. When your school's tile is joined with all the others the result will be an utterly unique, walkable Labyrinth celebrating a whole variety of school communities served by the Board of Education and the Cathedral. As part of the project your school will also receive RE and Art lesson plans, as well as collective worship resources on the theme of labyrinth and pilgrimage, to extend the reach and impact of the project in your school community.

At the beginning of the summer term, we will gather all the decorated tiles together. The Labyrinth will then be installed in the Fraternity Hall at the Cathedral for the two weeks leading up to, and including, the Year 6 Church Schools Leavers' Services. It will act as the centre piece for these Leavers' Services and families and members of the public will be able to visit the installation and physically walk the Labyrinth.

At the end of the installation in the Fraternity Hall we hope that the Labyrinth will be able to 'tour' Cumbria through the 2022-23 academic year, acting as a focus for local installations and school cluster days.

At the moment, all we are asking for is an expression of interest from your school, so we can plan the resources required. There may be an opportunity for schools to decorate more than one tile, dependent on the level of interest. The Rev'd Canon Dr Benjamin Carter, who is leading on the project for the Cathedral, will be joining us at our usual Heads Huddle on Tuesday 18th January if you would like to hear more about the project or have any queries.

In the meantime, will you please let Morven know if your school is interested to join with us in this exciting collaboration by responding directly to her via e-mail?

**Vanessa**



## **Staff Contracts for Schools and Academies Model Contracts of Employment**

As you will know, the CEO

provides template model employment documents to support Foundation, VA schools and academies to fulfil their responsibilities as an employer.

Work was undertaken last year to revise the suite of model employment documentation and I am writing to let you know that the updated documents have been published today on the website for use – subject to local consultation requirements.

Here is the link to the documents for your information: [Staff Contracts for Schools and Academies | The Church of England](#).

A link to the TUC Academies Model Agreement has also been added for information.

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If you have a vacancy you would like to advertise here, don't hesitate to send it to [charlotte.tudway@carlisle-diocese.org.uk](mailto:charlotte.tudway@carlisle-diocese.org.uk). I aim to send out the weekly communication each Thursday so any 'copy' would need to be with me by Wednesday evening (or early Thursday morning) to make it into that week's edition.

## CALLING ALL CLERKS

We currently have a number of schools looking for a Clerk to Governors. If you know anyone who might be prepared to take on this crucial role or to add another school to their portfolio, please contact Morven: [education@carlisle-diocese.org.uk](mailto:education@carlisle-diocese.org.uk)

## HEADTEACHER VACANCIES

The following Church of England Schools are currently advertising for a new Headteacher:

- ❖ Gosforth Primary School
- ❖ Hayton Primary School, Brampton

You can see all their adverts on the Cumbria County Council Jobs and Careers page [here](#).



**Lazonby School is currently looking to recruit a part-time SENCo.**

If you know someone who might be interested, please ask them to contact: [andrew@lazonby.cumbria.sch.uk](mailto:andrew@lazonby.cumbria.sch.uk) for more info

If you have any questions about any of the information contained in this week's communication, don't hesitate to get in touch:

**Charlotte Tudway**  
Deputy Director of Education  
[charlotte.tudway@carlisle-diocese.org.uk](mailto:charlotte.tudway@carlisle-diocese.org.uk)  
[www.carlisle-diocese.org.uk/education](http://www.carlisle-diocese.org.uk/education)  
07917 993659

