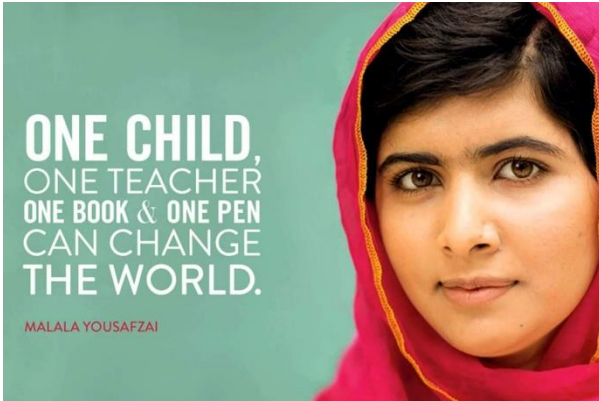


## Diocese of Carlisle Board of Education

[www.carlislediocese.org.uk/education](http://www.carlislediocese.org.uk/education)

**Weekly Communication: 30<sup>th</sup> September 2021**

### Reflection:



It was the National Day of Prayer for Schools on Tuesday this week.

Churches across the country were encouraged to pray for their local school. Congregations and communities were reminded of the vital work, God's work, taking place in our schools.

Remember you are changing the world!

### Multi-academy Trust Consultation

For colleagues in schools which are not already part of a multi-academy trust, remember the deadline for returning your consultation is tomorrow, **Friday 1<sup>st</sup> October**.



### Heads Huddle: *thank you to Arnside School for hosting this week's Huddle*

Heads Huddle is a weekly opportunity to meet with fellow school leaders and members of the Diocesan Education Team in a relaxed and informal online chat.

Please do join us to share the highs and lows of the week; to take a moment for reflection; to enjoy some mutual support; to ask any questions on your mind; and to receive any updates available.



**We'd love to see you at 3.45pm on Tuesdays whenever you can make it.**

<https://us02web.zoom.us/j/88350734545?pwd=aEFSQlk3Wm5qK2FWNk8wSoxVNC84dz09&from=addon>

**Tuesday 5<sup>th</sup> October: No Huddle this week (sorry)**  
**Tuesday 19<sup>th</sup> October: Guest - Tim Perris, Imagine for Schools**

## Feedback from Headteachers: themes of the week



**Illness:** was a major theme again this week. We discussed how difficult it can be to distinguish what are potential COVID symptoms from other illnesses circulating and that many of the current COVID symptoms are not those identified by the government. We also shared horror stories of pupils displaying symptoms which could have been COVID, being taken for PCR tests which, as soon as they came back negative, resulted in parents returning the pupils to school. They're still really ill and we don't want them passing on whatever it is, even if it isn't COVID thank you very much!

**Year 1 Phonics:** those of us who have attended Ofsted briefings on curriculum planning were interested to compare notes about the varied suggested approaches to different subjects. At Huddle we discussed the ways we could move on teaching in some subjects, plugging gaps as we went. We all agreed that phonics in Year 1 is not one of those areas. Pupils in many schools are having to go right back to basics and aren't ready for Year 1 phonics yet.

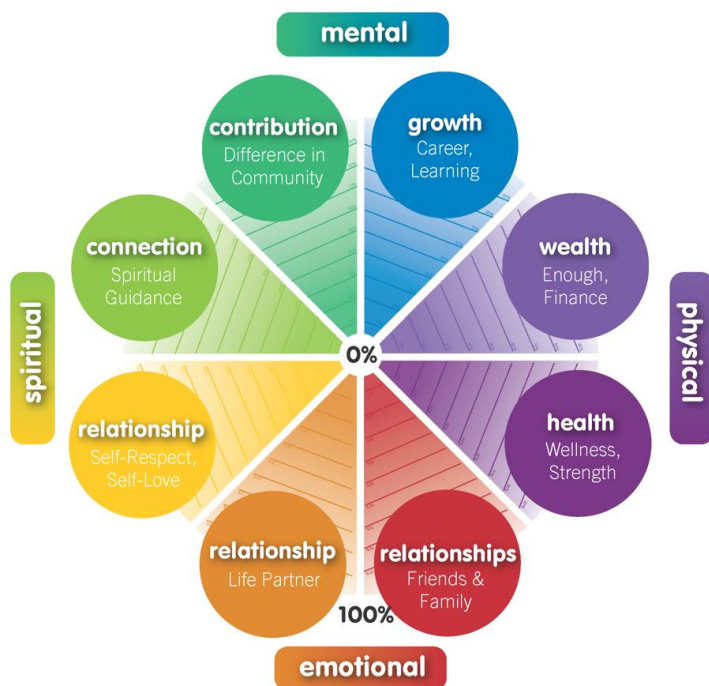


**Favourite quote of the week from a Year 3 pupil who is very excited about Harvest Service this year:**  
*"I miss our church".*

## Wellbeing Corner



Click for our full  
Wellbeing Strategy



**If you didn't find time to try this exercise last week, do give it a go.**

**'Life in All its Fullness'**  
**What does this mean from a wellbeing perspective?**

Look at each segment of the circle and on a scale of 0 to 10, with 10 being you are completely satisfied, what number would you award each aspect of your life? Answer straight from the heart; don't over think it.

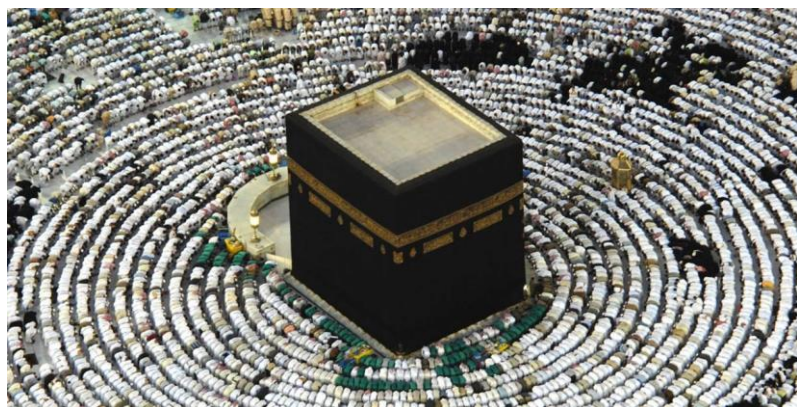
Once you have completed each section of the circle, what are you beginning to see as patterns in your answer?

- What would 10/10 look like?
- What would need to change to enable you to move one step up the scale towards the 10 out of 10?
- How will you know you have reached a 10/10 level of satisfaction in those aspects or segments that are most important to you?
- Which section is the place you need to begin and what is underpinning your choice?

Jesus came to give life in all its fullness; when we look at what that means, it speaks of an abundant life. If we take that further, we can reflect on what it means to be abundant physically, but also emotionally, spiritually and mentally. Would we know what it means to be truly fulfilled in all those areas of our lives? Is our balance correct or is it steered too much towards the physical, for example?

Now, as we are completing the first few weeks back at school and routines are now familiar, take some time look at the fullness of the whole of your life. Consider where the balance may need to be corrected and likewise, what 'fullness' in each of the four key areas means for you. Consider what change is needed to bring you into alignment with your vision of fulfilment and then be relentless in the pursuit of your joy.

## Inclusion Corner:



## ISLAM CPD OPPORTUNITIES

Imran Kotwal from the Muslim Learner Services will be running the following Teaching and Learning CPD training sessions during the Autumn Term.

All sessions are delivered live remotely and video recordings are also available for all sessions.

### Available Courses:

- ❖ Teaching and Learning about Islamic Artefacts / Special Objects for Muslims
- ❖ What does it mean to be a Muslim in Britain today? Includes a section on Islamophobia / Radicalisation
- ❖ Births, Weddings & Funerals in Islam
- ❖ The 5 Pillars of Islam (Belief, Prayer, Charity, Fasting & Pilgrimage)
- ❖ **NEW Course** - The 6 Articles of Faith - Muslim beliefs about; Allah, Angels, Holy Books, Messengers, Life after death and Predestination
- ❖ Teaching & Learning about the Qur'an

To book your place on a course - please click [HERE](https://zfrmz.com/HYTClu4jPp7bhPuyQJfo) or use this link  
<https://zfrmz.com/HYTClu4jPp7bhPuyQJfo>



## Senior mental health lead training

Find out how to apply for a grant and access DfE quality assured training to help develop a whole school or college approach to mental health and wellbeing.

Click here to find out more:





## SIAMS Update Summary


If you are expecting an inspection during this academic year, please do discuss with your Diocesan Link any support you might

need as you prepare.

Remember, if you have purchased the Enhanced Partnership Agreement Package, there is no charge for support.

- Inspections will restart in October (slowly between then and Christmas, whilst the new systems are all tried and tested, with catch up beginning in earnest in January 2022).
- Schools likely to be inspected are on a list which can be accessed via the link below.
- Inspections will occur in a chronological order, starting with those schools which had already been notified of an inspection.
- No school can legally go more than 8 years without an inspection (this time).
- The usual 5 year inspection pattern will operate after this round of inspections.
- A list of **all** schools who will be inspected **this academic year** will be available within two weeks.
- A **Revised Evaluation Schedule** has been produced to reflect the current context (COVID, no data available etc).
- There are two versions of the Revised Evaluation Schedule – one ‘clean’ one and one which is annotated so that you can readily see the changes.
- There is a suite of other documents available (including Information for Schools and a COVID Protocol for inspections).
- You can find all the new documents, including the list of schools likely to be inspected during 2021-2021 here: <https://www.churchofengland.org/about/education-and-schools/church-schools-and-academies/siams-inspections>

## Connectedness & Cake, what's not to love?!



# Connecting with Nature Experience

**For school staff**


This is an opportunity for school staff to be refreshed and equipped through an experiential day of connecting with nature. Using simple guided practices in the outdoors that encourage a sense of connectedness; through sharing stories; and through eating cake; it is anticipated that the day will have some immediately beneficial effects for participant's personal wellbeing and pro-environment outlook, as well as introducing an approach to promoting the same in themselves and others in the long term.

**11.10.21**  
9.30 - 15.00  
St John's in the Vale Centre, Keswick

To request further information or register for a place on the day please contact: [mountainpilgrims@gmail.com](mailto:mountainpilgrims@gmail.com)  
This day is a pilot and as such is being offered at a subsidised cost of £10pp

**Mountain Pilgrims**  
[mountainpilgrims.org.uk](http://mountainpilgrims.org.uk)

Mountain Pilgrims is a community of people seeking to deepen the experience of being outdoors – exploring outdoor spaces and experiences where the spirit soars and we are lifted out of the everyday.



# A Fair Share



The Bishop of Carlisle's Harvest Appeal 2021



Women in the DRC are working hard to receive their fair share of the harvest. Join us in standing with them.



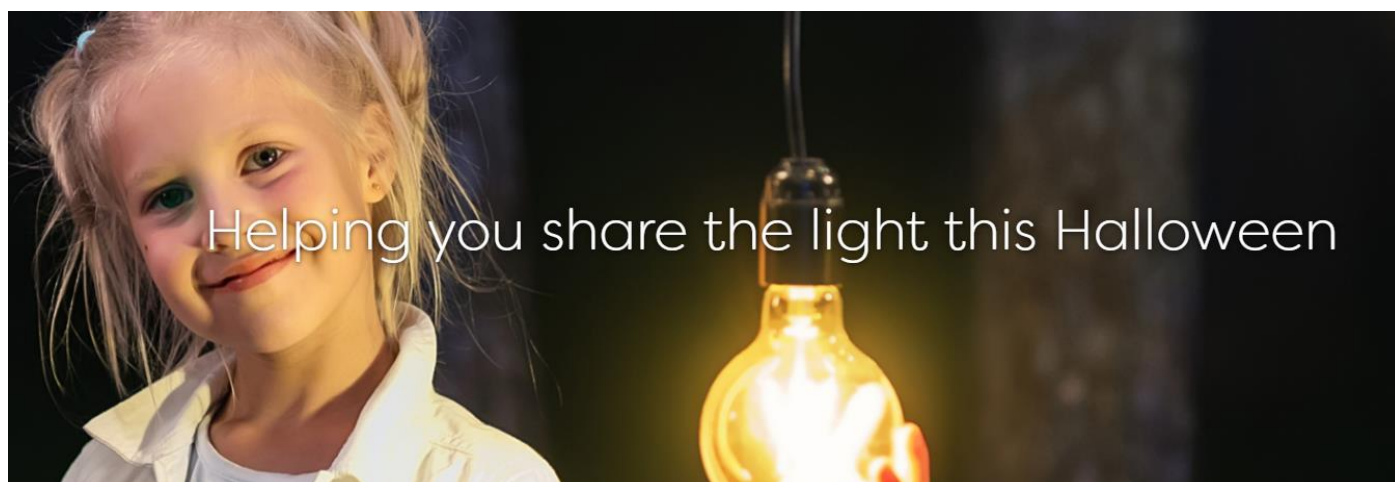
UK registered charity numbers: Mothers' Union Charity No. 240531; Christian Aid 1105851 and company number 5171525; Diocese of Carlisle DBF 251977. Photo: Mothers' Union. The Christian Aid name and logo are trademarks of Christian Aid. Christian Aid is a key member of ACT Alliance. © Christian Aid April 2021. J49484

For more information and resources visit [carlisediocese.org.uk](http://carlisediocese.org.uk) or contact Cameron Butland Church House 19-24 Friargate Penrith CA11 7XR

[cameron.butland@carlisediocese.org.uk](mailto:cameron.butland@carlisediocese.org.uk)  
07768 773430

Assembly Film Resources available here: <https://www.carlisediocese.org.uk/harvestappeal/>  
Leaflet attached






**The Young Leaders Award**  
**Key Stages 1-4/+16**

**Develop Leadership & Character through Social Action**

**Free Twilight Webinars**

**Introduction to Character Education**  
With input from the Jubilee Centre for Character & Virtues

Tues 5<sup>th</sup> Oct, Wed 3<sup>rd</sup> Nov & Tues 7<sup>th</sup> Dec 2021 4.00pm-4.40pm

**Introduction to the Young Leaders Award, YLA**

**Primary KS1**  
Tues 12<sup>th</sup>, Tues 19<sup>th</sup> October 4.00pm to 4.30pm

**Primary KS2**  
Wed 20<sup>th</sup> October 4.00pm to 4.30pm

**Primary KS1 & KS2**  
Wed 29<sup>th</sup> Sept, Tues 9<sup>th</sup> Nov, Wed 24<sup>th</sup> Nov 4.00pm-4.45pm

**Secondary KS3**                      **Secondary KS4/+16**  
Thurs 21<sup>st</sup> Oct 4.00pm-4.40pm                      Thurs 4<sup>th</sup> Nov 4.00pm-4.40pm



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### **NET ZERO CARBON SCHOOLS**

Thursday 14th October 4-5pm [BOOK HERE](#)

This webinar is the second in a series created for Church of England school leaders and the wider school community. This session includes:

- an exploration of net zero project case studies,
- a demonstration of the energy footprint tool for schools, and
- how to host a 'mini COP'.

#### **Speakers:**

Alex Green (Ashden Climate Solutions and the 'Let's Go Zero' campaign for schools)

Matt Fulford (a consultant at Inspired Efficiency, who have carried out school energy audits)

Tom Wood (statistician at the Church of England)

Catherine Odell (Christian Aid).

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If you have any questions about any of the information contained in this week's communication, don't hesitate to get in touch:

#### **Charlotte Tudway**

Deputy Director of Education

[charlotte.tudway@carlisle-diocese.org.uk](mailto:charlotte.tudway@carlisle-diocese.org.uk)

[www.carlisle-diocese.org.uk/education](http://www.carlisle-diocese.org.uk/education)

07917 993659

