

## Diocese of Carlisle Board of Education

[www.carlislediocese.org.uk/education](http://www.carlislediocese.org.uk/education)

Weekly Communication: 23<sup>rd</sup> September 2021

### Reflection:



**“Never be afraid to try something new. Remember, amateurs built the ark; professionals built the titanic.”**

As school leaders, there are often days or even weeks when more time seems to have been spent on things which **aren't** part of job description than which are. Everything from unblocking the drains (to save money on a plumber) to providing complex emotional support to a child with special or additional needs (because there's no professional support available).

To encourage you, remember although you are an amateur at lots of the things you will find yourself doing, so was Noah and, although everyone thought he was crazy, he did a great job. It's God's work you are doing, yes even when you are unblocking the drain, and you are doing it brilliantly. Keep at it.

### Multi-academy Trust Consultation

We need your help. Please find 10 minutes to complete and return the attached informal consultation.

We really do value your opinions and encourage you to be as open and give as much information as possible. We are trying to build a picture of considerations and thoughts relevant to different schools in different contexts. If you want to speak to someone, please call either Vanessa or Charlotte any time. Thanks in advance.



### Heads Huddle

*Heads Huddle is a weekly opportunity to meet with fellow school leaders and members of the Diocesan Education Team in a relaxed and informal online chat.*

*Please do join us to share the highs and lows of the week; to take a moment for reflection; to enjoy some mutual support; to ask any questions on your mind; and to receive any updates available.*

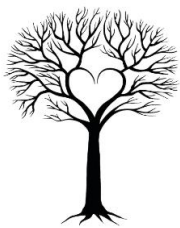


**We'd love to see you at 3.45pm on Tuesdays whenever you can make it.**

<https://uso2web.zoom.us/j/88350734545?pwd=aEF5Qk3Wm5qK2FWNk8wSoxVNC84dz09&from=addon>

**Tuesday 5<sup>th</sup> October: No Huddle this week (sorry)**  
**Tuesday 19<sup>th</sup> October: Guest - Tim Perris, Imagine for Schools**

## Feedback from Headteachers: themes of the week



**Trees (and not just the ones that grow in the ground):** yes, it was very much all about the trees this week. Two Headteachers at this week's Huddle have been privileged by being gifted a very special tree to plant. The Bishop Harvey Goodwin School have been chosen to plant a very special tree as part of The Queen's Canopy programme. And Grange School are to be presented an amazing tree by the Japanese Embassy. We will be checking in regularly to make sure both are still alive!



At one school, the news that Treeselets are back in the shops and that a kind colleague had left a tube on her desk as a gift brought Hope & Joy to a very happy Headteacher.

**The great outdoors:** it was great to hear about the fun times our schools have been having outdoors this week. Lanercost ventured down to London for two days and packed in, well, pretty much everything! We saw a beautiful picture from Grange's whole school day at Castle Head Field Centre. Some really inclusive practice and a heart-warming story about one family's togetherness that day.

**Illness:** are we just out of practice at back to school? The back to school illnesses this year are particularly rife. Everyone present reported fevers, colds and bugs. With COVID doing the rounds, it's hard to tell what's what.

**COVID dilemma – to isolate or not to isolate:** as reported in previous weeks, the madness of siblings of those with COVID being in school is striking. This week we discussed what to do as school staff if a member of our household is ill with COVID. If we are double vaccinated and have no symptoms we can go to work but do we risk taking COVID into the workplace? One Headteacher this week decided against it, as did Vanessa (who was devastated to miss the induction welcome session for new and acting Headteachers in Penrith this week).

**Secret Farewell:** we enjoyed hearing about the secret preparations going on in one school to give their minister a wonderful send-off including a song written by a parent working with Year 6 pupils ready to perform on the day.



**Recommendation:** Lisa Strange at Staveley has just invested in: <https://www.crosscurricularorienteeing.co.uk/> using her Sports Premium funding and can't recommend it highly enough. Great for active learning; for communication and teamwork skills; making links and fieldwork.

If you'd like to know more or even arrange to visit and see it in action for yourself, Lisa is happy for you to get in touch.

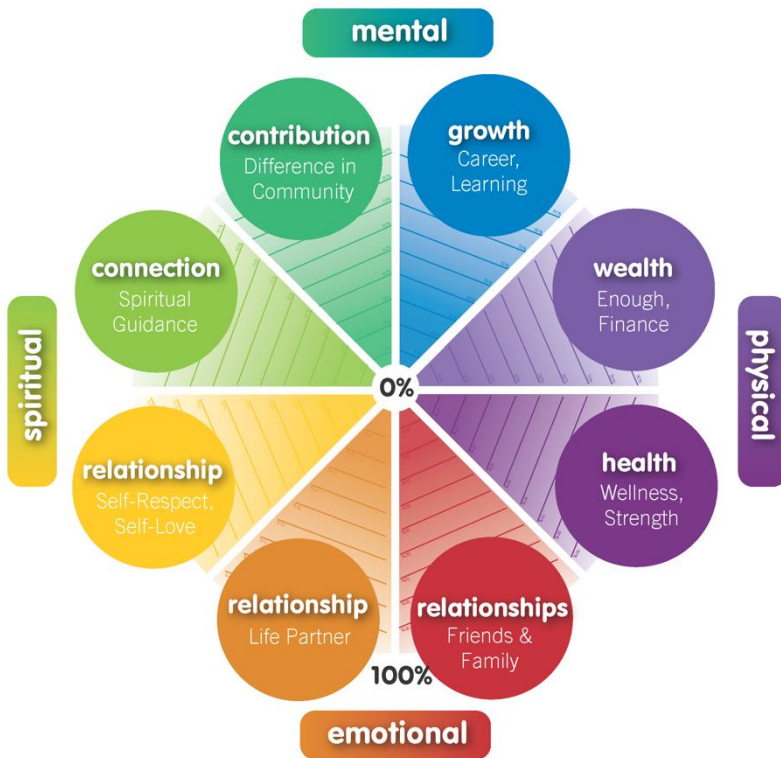
## Wellbeing Corner



Click for our full Wellbeing Strategy

**'Life in All its Fullness'**  
**What does this mean from a wellbeing perspective?**

Try this exercise. Look at each segment of the circle and on a scale of 0 to 10, with 10 being you are completely satisfied, what number would you award each aspect of your life? Answer straight from the heart; don't over think it.



Once you have completed each section of the circle, what are you beginning to see as patterns in your answer?

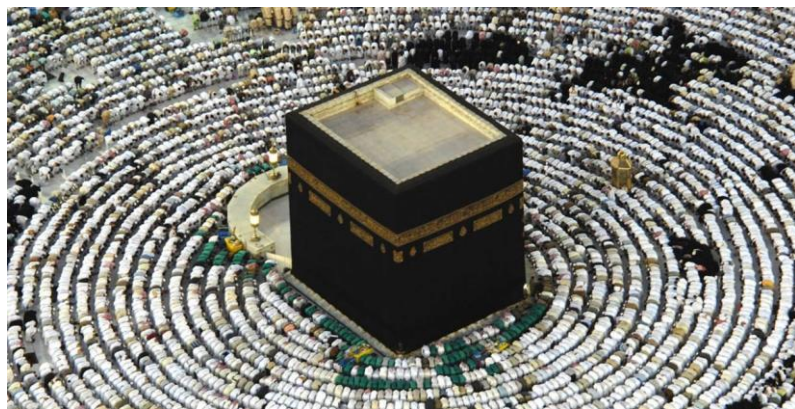
- What would 10/10 look like?
- What would need to change to enable you to move one step up the scale towards the 10 out of 10?
- How will you know you have reached a 10/10 level of satisfaction in those aspects or segments that are most important to you?
- Which section is the place you need to begin and what is underpinning your choice?

Jesus came to give life in all its fullness; when we look at what that means, it speaks of an abundant life. If we take that further, we can reflect on what it means to be abundant physically, but also emotionally, spiritually and mentally. Would we know what it means to be truly fulfilled in all those areas of our lives? Is our balance correct or is it steered too much

towards the physical, for example?

Now, as we are completing the first few weeks back at school and routines are now familiar, take some time look at the fullness of the whole of your life. Consider where the balance may need to be corrected and likewise, what 'fullness' in each of the four key areas means for you. Consider what change is needed to bring you into alignment with your vision of fulfilment and then be relentless in the pursuit of your joy.

## Inclusion Corner:



## ISLAM CPD OPPORTUNITIES

Imran Kotwal from the Muslim Learner Services will be running the following Teaching and Learning CPD training sessions during the Autumn Term.

All sessions are delivered live remotely and video recordings are also available for all sessions.

### Available Courses:

- ❖ Teaching and Learning about Islamic Artefacts / Special Objects for Muslims
- ❖ What does it mean to be a Muslim in Britain today? Includes a section on Islamophobia / Radicalisation
- ❖ Births, Weddings & Funerals in Islam
- ❖ The 5 Pillars of Islam (Belief, Prayer, Charity, Fasting & Pilgrimage)
- ❖ **NEW Course** - The 6 Articles of Faith - Muslim beliefs about; Allah, Angels, Holy Books, Messengers, Life after death and Predestination
- ❖ Teaching & Learning about the Qur'an

To book your place on a course, go to

[https://forms.zohopublic.com/imrankotwal11/form/TeachingLearningaboutIslamCPDCoursesforPrimaryScho/formperma/Shn4fYQ\\_lpYP7g9bxq24cwIQf73T9npppQoB3pRkmQ](https://forms.zohopublic.com/imrankotwal11/form/TeachingLearningaboutIslamCPDCoursesforPrimaryScho/formperma/Shn4fYQ_lpYP7g9bxq24cwIQf73T9npppQoB3pRkmQ)



**PLEASE NOTE THAT THE NATIONAL TEAM HAVE UPDATED THEIR TIMINGS: THE SCHOOLS ON THE LIKELY TO BE INSPECTED IN 2021 OR 2022 COULD BE INSPECTED ANY TIME UNTIL THE END OF THE CALENDAR YEAR 2022 – YOU COULD THEREFORE NOT, IN FACT, BE INSPECTED UNTIL AUTUMN TERM 2022-2023. WE WILL KEEP YOU UPDATED WITH NEWS IN TERMS OF HOW QUICKLY THEY ARE WORKING DOWN THE LIST. THERE WILL ALSO BE A NEW LIST FOR 2022-2023 PUBLISHED IN THE SUMMER TERM. WATCH THIS SPACE FOR MORE NEWS.**



## SIAMS Update Summary

If you are expecting an inspection during this academic year, please do discuss with your Diocesan Link any support you might need as you prepare.

Remember, if you have purchased the Enhanced Partnership Agreement Package, there is no charge for support.

- Inspections will restart in October (slowly between then and Christmas, whilst the new systems are all tried and tested, with catch up beginning in earnest in January 2022).
  - Schools likely to be inspected are on a list which can be accessed via the link below.
  - Inspections will occur in a chronological order, starting with those schools which had already been notified of an inspection.
  - No school can legally go more than 8 years without an inspection (this time).
  - The usual 5 year inspection pattern will operate after this round of inspections.
  - A list of **all** schools who will be inspected **this academic year** will be available within two weeks.
  - A **Revised Evaluation Schedule** has been produced to reflect the current context (COVID, no data available etc).
  - There are two versions of the Revised Evaluation Schedule – one ‘clean’ one and one which is annotated so that you can readily see the changes.
  - There is a suite of other documents available (including Information for Schools and a COVID Protocol for inspections).
  - You can find all the new documents, including the list of schools likely to be inspected during 2021-2021 here: <https://www.churchofengland.org/about/education-and-schools/church-schools-and-academies/siams-inspections>
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You are very welcome to join us to:

- Hear from Ruth Evans from NISCU Eden on the support and resources NISCU can offer.
- Receive updates on national and local RE news & initiatives.
- Discuss the focus question and any other Q & A.

Network

Support

Advice

Sharing

Headteachers, senior leaders, RE leads please join  
Vanessa O'Dea & Laura Watson

Thursday

30<sup>th</sup> September

4:00pm – 5:00pm

online

Zoom details:

Meeting ID:  
845 9743 0691

Passcode:  
079418



## Termly RE Cluster Meeting

'How are your school's vision and values coming to the fore in your work as RE lead this term?'

Please join us by following this link:

<https://us02web.zoom.us/j/84597430691?pwd=UHZoN2owMzNRQ3BrODU5SW9uV3U2dz09>



As you may be aware a consultation process started on Monday, 20 September 2021 on the future of St Joseph's Catholic Primary School, Cockermouth.

The consultation document is attached for your information. It is also available to download:

<https://www.cumbria.gov.uk/childrensservices/schoolsandlearning/lss/school-organisation/default.asp>

If you have any queries, please contact: [school.organisation@cumbria.gov.uk](mailto:school.organisation@cumbria.gov.uk).



Connectedness & Cake, what's not to love?!

# Connecting with Nature Experience

For school staff



This is an opportunity for school staff to be refreshed and equipped through an experiential day of connecting with nature. Using simple guided practices in the outdoors that encourage a sense of connectedness; through sharing stories; and through eating cake; it is anticipated that the day will have some immediately beneficial effects for participant's personal wellbeing and pro-environment outlook, as well as introducing an approach to promoting the same in themselves and others in the long term.

11.10.21

9.30 - 15.00

St John's in the Vale Centre, Keswick

To request further information or register for a place on the day please contact: [mountainpilgrims@gmail.com](mailto:mountainpilgrims@gmail.com)  
This day is a pilot and as such is being offered at a subsidised cost of £10pp



Mountain Pilgrims

[mountainpilgrims.org.uk](http://mountainpilgrims.org.uk)

Mountain Pilgrims is a community of people seeking to deepen the experience of being outdoors - exploring outdoor spaces and experiences where the spirit soars and we are lifted out of the everyday.



# A Fair Share



The Bishop of Carlisle's Harvest Appeal 2021



Women in the DRC are working hard to receive their fair share of the harvest. Join us in standing with them.



For more information and resources visit [carlisediocese.org.uk](http://carlisediocese.org.uk) or contact Cameron Butland Church House 19-24 Friargate Penrith CA11 7XR

[cameron.butland@carlisediocese.org.uk](mailto:cameron.butland@carlisediocese.org.uk)  
07768 773430

UK registered charity numbers: Mothers' Union Charly No. 240531; Christian Aid 1105851 and company number 5171525; Diocese of Carlisle DBF 251977. Photo: Mothers' Union. The Christian Aid name and logo are trademarks of Christian Aid. Christian Aid is a key member of ACT Alliance. © Christian Aid April 2021. J49484

Assembly Film Resources available here: <https://www.carlisediocese.org.uk/harvestappeal/>  
Leaflet attached

# National Professional Qualifications (NPQs)

It's not too late to apply for (or to encourage a colleague to apply for) one of the new National Professional Qualifications before offered through the Church of England Education Office.

## Available programmes:

- Leading Teaching
- Leading Behaviour and Culture
- Leading Teacher Development
- Senior Leadership
- Headship (*aspiring or new Headteachers*)
- Additional Support Offer (*Headteachers in their first 2 years who are completing or have completed NPQH*)
- Executive Leadership

**Application Deadline for November 2021 start:**

**25<sup>th</sup> September 2021**

**Find out more and apply here:**

<https://www.cefel.org.uk/npq/>

**Flyer attached**



**The Young Leaders Award**

**Key Stages 1-4/+16**

**Develop Leadership &  
Character through Social Action**

## Free Twilight Webinars

### Introduction to Character Education

With input from the Jubilee Centre for Character & Virtues

Tues 5<sup>th</sup> Oct, Wed 3<sup>rd</sup> Nov & Tues 7<sup>th</sup> Dec 2021 4.00pm-4.40pm

### Introduction to the Young Leaders Award, YLA

#### Primary KS1

Tues 12<sup>th</sup>, Tues 19<sup>th</sup> October 4.00pm to 4.30pm

#### Primary KS2

Wed 20<sup>th</sup> October 4.00pm to 4.30pm

#### Primary KS1 & KS2

Wed 29<sup>th</sup> Sept, Tues 9<sup>th</sup> Nov, Wed 24<sup>th</sup> Nov 4.00pm-4.45pm

#### Secondary KS3

#### Secondary KS4/+16

Thurs 21<sup>st</sup> Oct 4.00pm-4.40pm

Thurs 4<sup>th</sup> Nov 4.00pm-4.40pm



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Book your place [here](#)





### **NET ZERO CARBON SCHOOLS**

Thursday 14th October 4-5pm [BOOK HERE](#)

This webinar is the second in a series created for Church of England school leaders and the wider school community. This session includes:

- an exploration of net zero project case studies,
- a demonstration of the energy footprint tool for schools, and
- how to host a 'mini COP'.

#### **Speakers:**

Alex Green (Ashden Climate Solutions and the 'Let's Go Zero' campaign for schools)

Matt Fulford (a consultant at Inspired Efficiency, who have carried out school energy audits)

Tom Wood (statistician at the Church of England)

Catherine Odell (Christian Aid).

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If you have any questions about any of the information contained in this week's communication, don't hesitate to get in touch:

#### **Charlotte Tudway**

Deputy Director of Education

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[www.carlisle-diocese.org.uk/education](http://www.carlisle-diocese.org.uk/education)

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