

Bishop of Carlisle's Harvest Appeal 2020-22

Resources for Secondary Schools



The Bishop of Carlisle's Harvest Appeal raises money each year for some of the most vulnerable communities in the world. Churches across Cumbria take part, joining together in prayer and raising vital funds. In 2020-22 the appeal is raising money for Christian Aid's work in Israel and the occupied Palestinian Territories, and the work of the Mothers' Union in the Democratic Republic of the Congo.

A video assembly for secondary schools can be found at <https://www.carlisediocese.org.uk/harvestappeal/>

Suggested follow-up activities:

Maslow's Hierarchy of Needs

Complete the worksheet (see overleaf).

Holding out an Olive Branch

Produce a piece of artwork, or write a poem on the theme of peace, entitled 'holding out an olive branch'. Take a photo and tweet it from your school's twitter account with hashtags #CumbriaOliveBranch and #CarlisleBHA, tagging @CarlisleDiocese.

Find Out More

Do a piece of research into the Arab-Israeli conflict or discuss it together as a class. It's really important to be aware that opinions on the conflict are highly polarised and very few internet sources provide an objective picture of the situation. Christian Aid and the Bishop's Harvest Appeal support the right of both Israelis and Palestinians to live peacefully side-by-side.

These video clips from the BBC are a helpful starting point:
<https://www.bbc.co.uk/programmes/p00vzq1x/clips>

This timeline is useful:
<https://www.bbc.co.uk/news/world-middle-east-29123668>

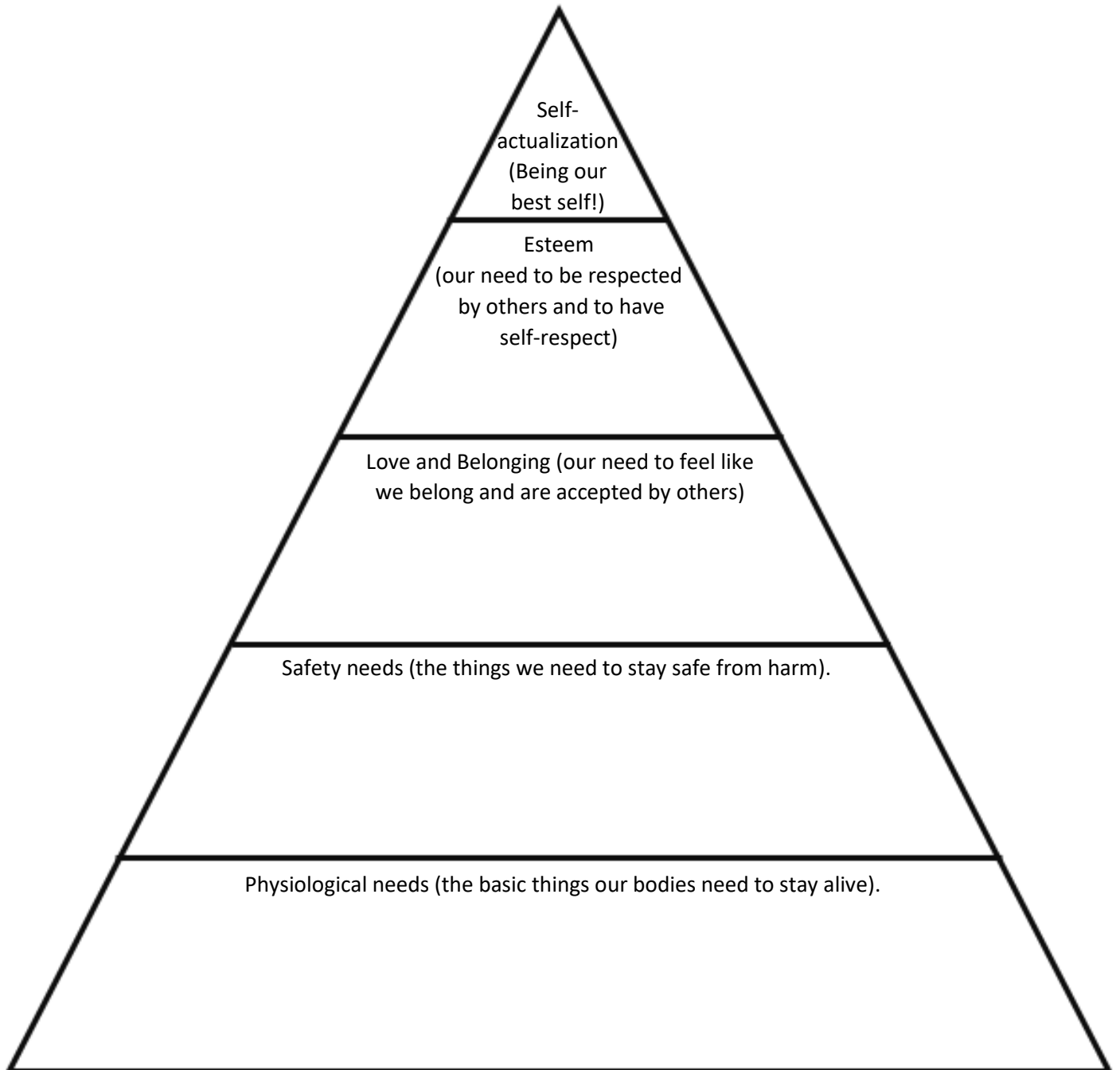
This page provides a timeline of peace talks:
<https://www.bbc.co.uk/news/world-middle-east-11103745>



Maslow's Hierarchy of Needs

We all want to live a life that is fulfilling and be the best we can be. Psychologist Abraham Maslow called this 'self-actualization'. He said that before we can do that, other needs must be met.

He described five kinds of 'need'. The ones at the top depend on the ones below them. Think about each 'need' in turn. Add your own examples and illustrations.



Maslow Activity: examples and notes

If your class gets a bit stuck, here are a few examples for each 'need' to get them started:

Physiological needs

These are the fundamental things our bodies need, without which we would die.

For example: Food, water, warmth, shelter, sleep.

Safety needs

Still very fundamental, these are the things which help keep us safe from harm.

For example: a secure home, a job. It can be easier to think of this the opposite way round, i.e. things which threaten our safety. For example: war, crime, violence, poverty.

Love and belonging

These are all the things which help us feel connected to and accepted by others.

For example: friendship, trust among friends, family, close relationship.

Esteem

This is the need to feel valued and have our achievements recognised.

For example: self-esteem, respect from others, being praised and rewarded, status.

Self-actualization

This means being the best version of ourselves, and will be different for each individual person! For a few people it might mean winning an Olympic gold medal, but for most of us it won't! It could mean being a really good parent or friend. It could mean working hard to pass your exams, or get the job you've always wanted. It could mean finding the confidence to speak in front of people, or to perform on a stage. It could mean baking the perfect cake or painting something beautiful.

The important point from Maslow is that each need depends on the one below. In the example of the story of Donya and Diana, featured in the Bishop's Harvest Appeal, their safety and physiological needs are threatened, making it harder for them to have the fullness of life we all hope for.

