

Diocese of Carlisle Board of Education

www.carlislediocese.org.uk/education

Weekly Communication: 30th April 2021

Reflection:



“I am counting every blessing, counting every blessing,
Letting go and trusting when I cannot see.
I am counting every blessing, counting every blessing,
Surely every season you are good to me.”

<https://www.youtube.com/watch?v=w6Yg1axwxfl>
‘Counting Every Blessing’ – The Rend Collective

Feedback from Headteachers: themes of the week

More optimism: about increasing normality and ability to ‘do more’ is prevalent amongst staff and pupils. “We’re returning to the core of education” said one colleague.

Colleagues talked SEND and the value of the PHA session with Sian Reeves earlier in the day: there will be re-engagement sessions with parents and discussion was had around how to ensure the key messages reach parents and carers who don’t/can’t attend. The need for clarity around thresholds for accessing support were discussed, as well as the support required by school leaders as they try to navigate the difficulties of being ‘middlemen’ between families and experts. Colleagues were reassured by the PHA messaging that steps are being taken to address concerns in this area. We differentiated between externals we have no control over, and those that are in our sphere of influence. We also discussed the expectations on schools as they seek good ways to support children and young people with some very significant needs. We are proud of Cumbria’s inclusivity, and challenged by it in too!

Consulting on Huddles for Autumn 2021: we are continuing Huddles in the 2021-2022 academic year. Charlotte and Vanessa will host one huddle a week from September, and we’d really welcome hearing your preferences about your favoured days and times. At the moment, choices are Tuesday OR Thursday, and 1.30pm OR 4.00pm. Let us know your thoughts by contacting Morven on education@carlislediocese.org.uk

Peer Support Networks: we talked of how beneficial colleagues have found the PSNs this year, and folk were looking forward to Thursday’s sessions with Ruth Houston and Emily Norman, visiting from CEFEL. If you are interested in hooking in to our networks you can contact Ruth directly on ruth.houston@carlislediocese.org.uk

*Diocesan Conference: **PAUSE** for school leaders (inc. governors) 1.30pm Wednesday 23rd June*

Training: we discussed how colleagues have found the online training offered by the Diocese since lockdown, and the benefits of a blended model were noted. “We’re just missing the cake!” With this in mind, we will be looking to continue with a blended model of training and support provision in the new academic year.

Hope and Joy: sharing celebratory moments

We love hearing what you have been doing to bring Hope and Joy to your school and wider community. Please keep your stories coming in!

Wellbeing Corner:



Wellbeing at Work – Podcast Resources from Deloitte

Click for our full Wellbeing Strategy



We spend a lot of time at work – at even more time thinking about it! Over the last year and the requirement to work from home as a result of the Covid 19 pandemic, for a great many people, the boundaries between work and home have become increasingly more blurred and on top of the fact that work can be a leading cause for mental health problems, the combination is potentially toxic.

Work related stress and the impact on mental health can affect our lives in a range of different ways; amongst other things sleep can become disrupted, we can find ourselves withdrawing from friends and family, letting go of things we used to enjoy and developing physical health issues.

The WorkWell podcast series, hosted by Deloitte’s Chief wellbeing officer Jen Fisher aims to provide insights into different wellbeing topics in every episode. Each episode features a guest speaker, lasts between 25 – 40 minutes and a full written transcript is available. There is a broad menu to choose from; there are also links to subscribe to the series from Apple Podcasts, Spotify, SoundCloud and Stitcher. Alternatively, you can listen to them straight from the website.

[WorkWell Podcast Series](#)

Collective Worship Resources:



Encountering the risen Jesus

*From sadness to hope
From fear to courage*

Summer 1 2021

Collective Worship Planning

The Diocese of St Edmundsbury and Ipswich have developed collective worship planning materials for this half term which you can access [here](#)



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If you have developed or found collective worship resources which you would be happy to share with colleagues in other schools, please do get in touch. We know that high quality collective worship materials and inspiration for how to find awe and wonder whilst COVID restrictions remain in place is something many of you are grateful to receive.

Other information and resources:

The Big Ask launch



Dame Rachel De Souza, The Children's Commissioner for England, has launched the biggest ever consultation with children. The survey will be live until Monday 19 May and asks children across England to set out their priorities for improving childhood post-Covid.

Children and young people can take part in the survey at thebigask.uk. The CSCP are asking people to promote the survey and encourage the children and young people they work with to take part and have their say.

If you are a teacher, or work with children and young people there are lots of [resources](#) to support you implementing the survey with them.

[Watch Rachel De Souza](#) introduce and explain the survey with the help of footballer Marcus Rashford.

[Find answers to common questions](#) about The Big Ask.

If you want to talk to the team behind the survey you can contact them at big.ask@childrenscommissioner.gov.uk

PARABLE

INTERACTIVE Performance Workshop

An immersive dance, theatre and integrated workshop experience, delivered with Covid safety at the forefront.

PARABLE provides primary schools with visually exciting and imaginative ways to boost children's engagement with RE.

Adventurous, interactive and exciting, children will encounter and overcome creative challenges, accomplish tasks and influence the outcome of the performance, whilst absorbed in a vibrant world of professional movement, dance and theatre.

For more information, contact details or to make a booking, please see the attached flyer.

CPAS Recovering Well Resources:

Schools have been through a tumultuous year, adapting at extremely short notice to a completely new way of delivering education, and managing to offer families huge levels of support. Now that we are returning to face-to-face teaching, we must consider the impact of this year and help our school communities to recover well. CPAS, a Church of England charity, has produced a set of free online resources to support this journey of recovery. They are available at:



www.cpas.org.uk/browse-everything/leading-through-recovery-resources-schools

Recovery is important after an illness, a traumatic event or an unexpected challenge in life. It takes time, often longer than expected, and involves a process of engaging with our emotions, integrating our losses, and embracing our new reality. Healthy recovery includes:

- Remembering.
- Reflecting.
- Recuperating.

The resources give a range of ideas of how to support these three stages in a variety of ways across the school community (with ideas for PHSE, Collective Worship, Prayer/Reflection spaces, a Staff meeting and sheets to support at home).

Supporting Belonging and Believing in EYFS:



The Books at Press team has produced some free resources to support the requirements of the new EYFS Development Matters relating to RE.

[Development Matters 2020: Linking EYFS 2017 and 2020/21 Understanding the World to Religion and Worldviews Education \(England\)](#)

This document highlights the most relevant ELGs for Religious Education from both the EYFS 2017 and EYFS Early Adopter Framework. It then provides advice on implementing RE at the various stages of development in line with the Development Matters 2020 document.

[Curriculum Map for RE from Nursery to Year 2](#)

This map illustrates how the Books at Press and other resources can be used alongside a wealth of popular topics from Nursery, Reception, Year 1 and Year 2.

[Using the Accredited Puddles Resources with Understanding Christianity](#)

This detailed document shows how each of the Puddles books support the relevant units within Understanding Christianity.

Resources to support Community and Living Well Together:

“We have produced a series of resources for primary and secondary schools to help with this – through our ‘Faith at Home’ Series 2 which is entitled ‘Flourishing Together’, with collective worship/tutor programme films for all ages focusing on:



- Why do we belong together? (Community and Interdependence)
- How do we know we are loved? (Self-Esteem and Security)
- How do we get back on track? (Character and Renewal)
- How do we make sense of our feelings? (Mental Health and Wellbeing)
- How do we face our fears? (Anxiety and Failure)
- How can we have hope for tomorrow? (Faith and Confidence)

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They're all available at [I am a School Leader | The Church of England](#) and we'd commend them to you to support this work." **Andy Wolfe**, Deputy Chief Education Officer.



Archbishop of York Young Leaders Award:

Further information and links to book places can be found in the attached flyer.

Free Twilight Webinars

Introduction to Character Education
With input from the Jubilee Centre for Character & Virtues

Wed 21st April, Tues 25th May & Wed 16th June 2021 4.00pm-4.40pm

Introduction to the Young Leaders Award, YLA

Primary KS1 & KS2

Tues 11th May, Wed 26th May, Tues 15th June, Thurs 24th June
4.00pm-4.45pm

Training, Courses and Events:

Please contact: education@carlisle-diocese.org.uk to book a place on any of our courses or events.

Further information is available [here](#)



Islam Training:



Imran Kotwal from Muslim Learner Services www.muslimlearnerservices.org is offering Primary Schools Virtual and Face-to-Face Islam assemblies, pupil workshops and Islam staff meetings. With Ramadan, Eid-ul-Fitr, Hajj and Eid ul-Adha all taking place during the summer term, the timing is perfect.

To discuss a possible visit - please complete the enquiry form [HERE](#) or copy the link this into your browser:

<https://zfrmz.com/aJbKiqynJIHAK9stSRYO>



HUDDLES THIS HALF TERM



Tuesdays 3.45pm
Thursdays 1.30pm

Do come along when you can

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Tuesdays: <https://us02web.zoom.us/j/86821283299?pwd=UVhRZkVMeDJzTVNjZW5vaGZuaHJ6UT09&from=addon>

Meeting ID: 868 2128 3299 Passcode: 391687

Thursdays: <https://us02web.zoom.us/j/89631760793?pwd=SkVOZjE3bkZvd1EzbmdPb3htQTcyUT09&from=addon>

Meeting ID: 896 3176 0793 Passcode: 148024

If you have any questions about any of the information contained in this week's communication, don't hesitate to get in touch:

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