**Things Local Churches Could Do**

* Pray for your local community, especially those who are most vulnerable and at risk, and all who work in the NHS and essential services.
* Establish contact with people who are isolated and possibly fearful in whatever way is most appropriate.
* Be in touch with your local resilience forum
* Work out ways of keeping the elderly and sick supplied with food (e.g. by co-ordinating efforts to shop for them)
* Maintain food banks
* Let people know about ‘virtual’ worship services that will be available
* Keep an eye on the C of E website (which is regularly updated) in the light of current circumstances
* Provide reassurance and explanation of the situation to those who are confused and frightened, though this may have to be by phone or e-mail.
* Keep your church(es) open during the day for private prayer
* Stay Calm!