Cumbria Prayer Diary

March 2020



Praying with our fellow Christians in Cumbria, together with our link dioceses of Northern Argentina, Stavanger and Zululand

Why do we have a prayer diary?

What is the point of prayer? Prayer is the expression of the relationship between those who have faith and the source of their faith. Jesus reminds us of this great truth in his words to his disciples, 'If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples. As the Father has loved me, so I have loved you; abide in my love'. (John 15:7-9). We are called to hold each other in prayer as we ourselves are held by God in Jesus. Our prayer diary is therefore a part of our holding one another in love. Of course, intercessory prayer is just a very small part of our total life of prayer. The prayer diary is an aid to us in collectively praying for the same people and places on the same days. Our lives of prayer will take many different forms and there are many places we can get help in learning to pray, please ask if you need any help or information.

Cameron Butland

New Format of the Prayer Diary

Regular users will notice a new format, the key change is that the Prayer Diary will follow weekly themes rather than monthly. In this way, the diary can focus on each Mission Community and Deanery, as well as marking special weeks in the Church Year. Therefore, the weekly theme will always be the first intention. The Anglican Communion will now come under the more general title of the World Church, and this section will include intercessions for other parts of worldwide Christianity. The other sections will be included in the same way as before. The Prayer Diary necessarily does not include everything, for example all the Lectionary saints' days, rather it is a selection for each day. For full information of the Anglican Communion please visit https://www.anglicancommunion.org/resources/cycle-of-prayer.aspx

For World Church: Pray for the people, clergy and bishop of the named dioceses.

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Week Nine Theme: South Calder Mission Community

Sunday 1 March Lent 1 and St David of Wales

A Welsh Bishop of Mynyw (St Davids) during the 6th century who was later regarded as a saint and is the patron saint of Wales. David was a native of Wales, his birth date uncertain but his death is believed to have been around 569 AD. He is believed to be the son of St Non. He became renowned as a teacher and preacher, founding monastic settlements and churches in Wales. St David's Cathedral stands on the site of the monastery he founded in the Glyn Rhosyn valley of Pembrokeshire.

Mission Member churches Beckermet, Calderbridge, Ponsonby,
Community Gosforth and the Wasdales, Seascale, Drigg, Irton, Eskdale,

Muncaster, Waberthwaite and Black Combe.

World Church Pray for the Iglesia Anglicana de Chile, The Most Revd

Héctor (Tito) Zavala Muñoz, Bishop of Santiago & Primate.

God for All For all messy church leaders coming to the West meet up,

that they may be encouraged & refreshed in their roles. Please pray for Reaching Deeper initiative: we give thanks for the funding from the Strategic Development Fund, and for the New Pioneer appointments that have already been made and pray for the right people to be appointed into the other

posts.

Our Bishops Bishop James: Installation of Honorary Canons, Carlisle

Cathedral. Bishop Emma: Confirmation Service, Burnside.

Installation Service at Carlisle Cathedral.

Monday 2 March St Chad

St Chad, Bishop and Missionary, was a Lindisfarne monk who succeeded his brother Cedd as Abbot of Lastingham. King Oswin of Northumbria invited Chad to become a Bishop, however the newly appointed Archbishop of Canterbury, Theodore, installed Chad as the Bishop of Mercia. There Chad founded monasteries and churches in what became the Diocese of Lichfield.

Mission Community John and Lesley Riley as they prepare for their retirement later this year. The ministry team as they plan worship provision and the Wardens of the Seatallen Benefice

involved in the appointment process.

World Church Mandalay in the province of Myanmar, The Right Revd

David Nyi Naing.

Toronto in the province of Canada, The Most Revd Colin

Robert Johnson.

Our Bishops Bishop James, Bishops House Meeting, Keswick.

Bishop Emma: Bishops House Meeting, Keswick and Penrith

Deanery Synod.

Tuesday 3 March

Mission Community For Alison Riley, curate at Seatallen and Calder Network Youth Church Leader. For Messy Church and Shackles Off at

Seascale & Fun on Friday at Black Combe.

World Church

Manicaland, in the province of Central Africa, The Right

Revd Erick Ruwona.

Toungoo, in the province of Myanmar, The Right Revd Saw

John Wilme.

Hawaii in The Episcopal Church, The Right Revd Robert

Fitzpatrick.

Our Bishops Bishop Emma: College Communion Service, Durham.

Wednesday 4 March

Mission Community For the Methodist Coffee morning in Seascale, Tuesday Chat in Drigg and the Wednesday Coffee mornings in Ravenglass

and Silecroft.

World Church

Maper, in the province of South Sudan, The Right Revd

William Madding Machar.

Trichy-Tanjore in the province of South India, The Right

Revd Gnanamuthu Paul Vasanthakumar.

Thursday 5 March

Mission Community For our church schools giving thanks for them: for the excellent pastoral work among families, for the experience of prayer, worship and a growing bible knowledge they share with the children, for the opportunities they create to serve their neighbours.

World Church

Mara, in the province of Tanzania, The Right Revd George

Okoth.

Trinidad & Tobago in the province of West Indies. The Right

Revd Claude Berkley.

Truro in the province of Canterbury, England, The Right

Revd Philip Mounstephen.

Our Bishops

Bishop James: Norwegian Mission Society International

Conference, Carlisle.

Friday 6 March

Mission Community Prayer for the many visitors who come to us every year and

for the resources to reach out to them.

Maralal in the province of Kenya, The Right Revd Jacob World Church

Lesuuda Tuam.

Killala & Achonry, Ireland, The Right Revd Patrick William

Rooke.

God for All Pray for the campfire gatherings for fresh expressions

leaders.

Our Bishops Bishop Emma: Norwegian Mission Society International

Conference, Carlisle.

Saturday 7 March St Perpetua, Felicity and their Companions

Saints Perpetua and Felicity were martyrs who died for the faith around the year 203.

Mission Pray for discernment and direction for those taking part in Community

the Moving Forward Workshop in April.

World Church Marathwada in the province of North India, The Right Revd

Madhukar Kasab.

Twic East in the province of South Sudan, The Right Revd

Ezekiel Diing Ajang Malangdit.

Hereford in the province of Canterbury England, The Right

Revd Richard Frith.

God for All For all messy church leaders coming to the south meet up &

for Graham the new regional coordinator, that they may be

encouraged & refreshed in their roles.

Week Ten Theme Vision Refresh

Sunday 8 March Lent 2 and Geoffrey Studdert Kennedy

Studdert Kennedy was an English Anglican Priest and Poet and awarded the Military Cross (MC) during World War I. His citation read: 'For conspicuous gallantry and devotion to duty'. After the war, Kennedy was given charge of St Edmund, King and Martyr in Lombard Street. He worked also for the Industrial Christian Fellowship, for whom he went on speaking tours of Britain.

Vision For the consideration of the responses submitted as part of the Vision Refresh listening. We pray for the process of

discernment in moving forward together in renewing God

for All.

World Church Pray for the Province de L'Eglise Anglicane Du in the province

of Congo, The Most Revd Zacharie Masimango Katanda,

Archbishop of the Congo & Bishop of Kindu.

God for All Pray for the events and activities being developed as part of

the Northern Mission Centre that people would be inspired and equipped for imaginative and innovative approaches to

mission.

Monday 9 March

Vision For the work of the God for All programme team, for Kerry

Refresh Raughton. For the members of SSG and SIP.

World Church Maridi in the province of South Sudan, The Right Revd Moses

Zungo.

Udi in the province of Nigeria, The Right Revd Chjioke

Augustine Aneke.

Highveld in the province of Southern Africa, The Right Revd

Charles Mthetheleli May.

Our Bishops Bishop Emma: Lambeth Conference Design Group, London.

Bishop James: Preparation Meeting with the Royal British Legion.

Tuesday 10 March

Vision For those Mission Communities to be launched and Refresh commissioned. We give thanks for the twenty-seven that

have been formed already and for the new work of mission

which they are pioneering.

World Church Ughelli in the province of Nigeria, The Right Revd Cyril

Odutemu.

Ho in the province of West Africa, The Right Revd Matthias

Mededues-Badohu.

Our Bishops Bishop James: House of Bishops, London.

Bishop Emma: Lambeth Conference Design Group, London.

Wednesday 11 March

Vision Refresh For the NYC for their leaders and members.

World Church Marsabit in the province of Kenya, The Right Revd Daniel

Qampicha.

Ukhahlamba in the province of Southern Africa, The Right

Revd Moses Madywabe.

Our Bishops Bishop Emma: Lambeth Conference Design Group, London.

Thursday 12 March

Vision For Fresh Expressions, giving thanks for the innovative and

Refresh creative new ways of growing disciples.

World Church Maryland in the Episcopal Church, The Right Revd Eugene

Sutton.

Ukwa in the province of Nigeria, The Right Revd Samuel Kelechi Eze. Umuahia also in the province of Nigeria, The

Most Revd Ikechi Nwachukwu Nwosu.

Pray for the team going to the York 'Come and See' Mission God for All

(12-15 March) (+James, +Emma, Rev Madi Simpson, Rev Brett Murphy, Rev Mike Talbot) working in Derwent Deanery outside York - for unplanned opportunities to talk about

Jesus.

Our Bishops Bishop James: Northern Bishop's Mission, York Diocese.

Bishop Emma: Lambeth Conference Group, London and York

Friday 13 March

Vision Giving thanks for the last decade of the Ecumenical County Refresh

praying for a deeper sharing and reconciliation between

different traditions.

World Church Masasi in the parish of Tanzania, The Right Revd James

Almasi.

Upper Shire in the province of Central Africa, The Right

Revd Brighton Vitta Malasa.

God for All For the interviews for the outdoor & education Pioneer

Practitioner Enabler today.

Our Bishops Bishop James: Northern Bishop's Mission, York Diocese.

Bishop Emma: Northern Bishop's Mission, York Diocese.

Saturday 14 March

Vision Praying for Diocesan Synod today, for the debate of the

Refresh Vision Refresh and the ongoing strategy God for All.

World Church Maseno East, in the province of Kenya, The Right Revd

Joshua.Owiti.

Upper South Carolina, The Episcopal Church The Right Revd

Andrew Waldo.

Hokkaido in the province of Japan, The Most Revd

Nathaniel Makoto Uematsu, Primate.

God for All Pray for Year 1 Ordinands' Residential Weekend – Rydal

Hall – 13th to 15th March

Our Bishops Bishop James: Diocesan Synod

Bishop Emma: Northern Bishop's Mission, York Diocese

Diocesan Synod, Penrith.

Week Eleven Theme Eden Wild Goose Mission Community

Sunday 15 March Lent 3

Mission Corby Hill and Wetheral Methodist churches; Scotby, Community Cumwhinton and Cotehill; Holme Eden and Wetheral

Anglican churches.

World Church Pray for the Church of England, The Most Revd and Right

Hon Justin Welby, Archbishop of Canterbury.

God for All Pray for the different Pioneer Practitioner Enabler roles

(Carlisle OpShops, West Coast, Barrow) and the Northern Pioneer Centre leader which are expected to start being advertised in March - that they will gain a lot of interest and

we will get the right applicants.

Our Bishops Bishop James: St Patricks Church, Patterdale.

Monday 16 March

Mission For the ministers Rachel Williams, Isaac Lawrence and

Community Graeme Skinner.

World Church Maseno in the province of North Kenya, The Right Revd

Charles Kaskan Asilutwa.

Utah, The Episcopal Church, The Right Revd Scott Hayashi. Honduras, The Episcopal Church, The Right Revd Lloyd

Allen.

Our Bishops Bishop James: Speaking at Parish Nurses Symposium,

Derbyshire.

Bishop Emma: Speaking at Lee Abbey, Devon.

Tuesday 17 March

Mission

Community For the Tots Groups.

World Maseno South in the province of Kenya, The

Church Right Revd Charles Ong'injo.

Uyo in the province of Nigeria, The Right Revd

Prince Asukwo Antai.

Hong Kong Island in the province of Hong Kong,

The Most Revd Paul Kwong, Primate.

Our Bishops Bishop Emma: Speaking at Lee Abbey, Devon.

Wednesday 18 March St Cyril

Today's saint, Cyril, the Bishop of Jerusalem in the late fourth century, was a model teacher of right doctrine. Bishop Cyril's talks were dutifully recorded and preserved. The talks are rich, early testimony to the perennial, consistent, doctrines of the Catholic Church.

Mission

Community For the Wetheral Lunch Club and CAMEO tea.

World Church Maseno West in the province of Kenya, The Right Revd

Joseph Wasonga.

Valparaiso in the province of Chile, The Right Revd Samuel

Morrison.

Our Bishops Bishop James: Diocesan Meeting, Church House.

Bishop Emma: Speaking at Lee Abbey, Devon.

Thursday 19 March St Joseph

Joseph of Nazareth is Joseph the carpenter, husband of the Blessed Virgin Mary. Matthew's Gospel gives his genealogy in detail, fourteen generations from Abraham to David and fourteen from David to Joseph. He was present at the nativity and took Mary and Jesus to Egypt to escape Herod's persecuting. Later, they lived in Nazareth and went every year to Jerusalem to celebrate the Passover there. Then Joseph disappears from the Gospel narratives and at the Crucifixion Mary was a widow. Joseph is the patron of manual workers and the fathers of families.

Mission Community For the Eden Wild Goose spirituality wing.

World Church Masindi-Kitara in Uganda, The Right Revd George Kasangaki

Vanuatu in province of Melanesia, The Revd James Tama. Vermont, The Episcopal Church, The Right Revd Thomas Ely.

Our Bishops Bishop James: Diocesan Registrar (Swearing In), Keswick.

Bishop Emma: Speaking at Lee Abbey, Devon.

Friday 20 March St Cuthbert

Cuthbert, Bishop and Missionary at Lindisfarne. He probably came from the Lammermuir Hills on the Scottish border and was a monk at Melrose Abbey. He went on long missionary journeys and after twelve years he felt called to become a hermit on the remote island of Farne. After some years the Archbishop of Canterbury, Theodore of Tarsus, called Cuthbert back to Lindisfarne as Bishop. (He is said to have left his island retreat in tears). After only two years he developed a terminal illness and returned to Farne to die in 687 AD. His shrine is in Durham Cathedral, still a place of pilgrimage; considered for his holiness and wisdom.

Mission Community For the prevailing wind 'I'm spiritual, but not religious'.

World Church Massachusetts in The Episcopal Church, The Right Revd

Alan McIntosh Gates.

Victoria Nyanza in the province of Tanzania, currently

Vacant.

God for All Strategy Steering Group meet on 20th March so prayer for

wisdom as the group look at God for All.

Our Bishops Bishop James: Diocesan Meetings, Church House.

Bishop Emma: Speaking at Lee Abbey, Devon and St

Mellitus graduation ceremony.

Saturday 21 March Thomas Cranmer

Archbishop and Reformation martyr (1489-1556), Cranmer was a Cambridge scholar, recruited by Henry VIII, to help to find a way of annulling his marriage to Catherine of Aragon. He married the daughter of a Lutheran theologian and was himself inclined towards Lutheranism. Cranmer became Archbishop in 1532 and was president of Convocation when it declared the royal marriage null and void. His main work was in reforming the English Church and supervising the preparation of The Great Bible and the first Book of Common Prayer in English. Many of our Collects are Cranmer's own work. When Mary Tudor succeeded to the throne, Cranmer refused to escape and was imprisoned in Oxford, stripped of his office, condemned as a heretic and led out for execution but, instead of repeating his recantation he firmly stated his belief in the Reformation. He was burned at the stake, first thrusting the hand which had signed his recantation into the flames.

Mission For the launch and commissioning of the Eden Wild Goose

Community Mission Community.

World Church Masvingo, in the province of Central Africa, The Right Revd

Godfrey Tawonezwi.

Virgin Islands in The Episcopal Church, The Right Revd

Ambrose Gumbs.

Hpa-an in the province of Myanmar, The Right Revd Saw

Mark Maung Doe.

Our Bishops Bishop James: North West Synod, Bolton.

Bishop Emma: Speaking at Lee Abbey, Devon and St Mellitus

graduation ceremony, London.

Week Twelve Theme Carlisle South Mission Community

Sunday 22 March Mothering Sunday (Lent 4)

Mission Churches of the new Mission Community St Elisabeth's Community Harraby, St Johns Upperby, St Herbert's Currock and

Upperby Methodist church.

World Church Pray for the Hong Kong Sheng Kung Hui, The Most Revd

Paul Kwong - Archbishop of Hong Kong Sheng Kung Hui &

Bishop of Hong Kong Island.

God for All Continued prayer for the Vision Refresh analysis and as

discussions and plans begin to be looked at that we listen

well to God and each other during this phase of the

Refresh.

Prayer for the Project Management Office as it settles into a new role - that we settle into new patterns well and can

look at how best to serve God for All in this.

Monday 23 March

Community

Mission For the local leadership Richard, Alun, Beth, David, Brenda.

World Church Matabeleland in the province of Central Africa, The Right

Revd Cleophas Lunga.

Virginia in The Episcopal Church, The Right Revd Shannon

Johnston.

Huron in the province of Canada, currently Vacant.

Our Bishops Bishop James: Mental Health Group Meeting, London.

Tuesday 24 March

Mission St Herbert's Messy Church and Community Cinema, The

Community Rock Youth Project, Uniformed Organisations at St

Elisabeth's.

World Church Matana in the province of Burundi, The Right Revd Seth

Ndayirukiye.

Wad Medani in the province of Sudan, The Right Revd Saman

Farajalla Mahdi.

Hyderabad in the province of Pakistan, The Right Revd

Kaleem Jo.

God for All Pray for the 'for art's sake' art event, that it would broaden

people's awareness of how to share their faith.

Wednesday 25 March The Feast of the Annunciation (Lady Day)

Mission St Herbert's Tea Dance, Mother's Unions across the Mission

Community Community, and Ladies Fellowship Groups.

World Church Matlosane (formerly Klerksdorp) in the province of Southern

Africa, The Right Revd Stephen Diseko.

Waiapu in the province Aotearoa in the province of NZ &

Polynesia. The Right Revd Andrew Hedge.

Our Bishops Bishop James and Bishop Emma: Service for the

Consecration of Suffragan Bishop of Doncaster, York.

Thursday 26 March Harriet Monsell

Harriet O'Brien, born in 1811, the third daughter of nine children born to one of Ireland's oldest families. Following her husband's death in 1850, Harriet Monsell

professed religious vows with two other women, initially they were called the Sisters of Mercy, but later changed their name to reflect their inspiration from John the Baptist's call to penitence. She became Mother Superior of the Community of St John the Baptist established on 30 November 1852, and one of the first Anglican religious orders since the Reformation. The nuns extended their original mission to running about forty institutions, including mission houses in various parishes, as well as orphanages, schools and hospitals. She died on 25 March 1883.

Mission Lego Club and Messy Church.

Community

Word Church Mauritius in the Indian Ocean, currently Vacant.

Waikato & Taranaki, province of Aotearoa NZ & Polynesia,

The Most Revd Philip Richardson Primate.

Wangaratta in the province of Australia, The Right Revd John

Parkes.

Our Bishops Bishop James: The Filling Station group meeting, Penrith.

Friday 27 March

Mission We pray for all our leadership teams, PCC's and Church

Community Councils that they may go forward with a common goal

united in Mission.

World Church Mbaise in the province of Nigeria, The Right Revd

Chamberlain Chinedu.

Ogunedo Warri, Nigeria, The Right Revd Christian Esezi Ide.

God for All Pray for Year 2 Ordinands' Annual Residential Week –

Durham - 27 March to 4 April.

Saturday 28 March

Mission Community 'Mission Weekend' with Bishop Emma

Community in June, and all future joint mission initiatives.

World Church Mbale in the province of Uganda, The Right Revd Patrick

Gidudu.

Washington, The Episcopal Church, The Right Revd Mariann

Edgar Budde.

Ibadan North in the province of Nigeria, The Right Revd Segun Okubadejo. Ibadan South, Nigeria, The Right Revd Akintunde Popoola. Ibadan, Nigeria, The Most Revd Joseph

Akinfenwa.

Week Thirteen Theme Calder Deanery

Sunday 29 March Lent 5

Calder For our Mission Communities: East Whitehaven;
Deanery Central Whitehaven; Coast to Fell; South Calder

World Today, the fifth Sunday in Lent, is the focus of the Primates'
Church Task Group's call for a period of prayer and repentance in the

Anglican Communion. The Bishop of West Malaysia, Moon Hing, is a member of the Task Group and has written this prayer, which the Task Group offers to the Anglican

Communion for use today:

Anglican Communion Collect for Passiontide

Almighty God, Father of our Lord Jesus Christ, Sovereign Lord of the universe, Creator of humankind, we, your unfaithful children, are truly sorry for our sins and the lives that we have lived. We sincerely believe and confess in our hearts that only through the precious blood of our Lord Jesus Christ on the cross at Calvary, can we obtain Your forgiveness. We repent that: In thought, word or deed, we have committed serious offences against You and our neighbours; In laziness, despair and lust for power, we have provoked hatred, division and hurt within our communities; In greed, deceit and indifference, we have caused serious damage, unnecessary conflict and aggravated destruction to our refugee and migrant brothers and sisters; In selfishness, insensitivity and bias, we have encouraged and emboldened those who inflict hurt, pain and sorrow on our loved ones and families; In the name of religion, doctrine and even of Christ himself, we have wounded believers and pursuers of holiness and faith; In stubbornness, pride and arrogance, we have caused division and strife within Your church and among Your children; Mercifully send Your Holy Spirit - the Spirit of order and comfort - and cleanse us from all unrighteousness; restore in us true faith in Christ which brings truth, peace and harmony; and help us to walk together with our brothers and sisters in the peace of our Lord Jesus Christ to the glory of Your name. Amen.

God for All Pray for the planning for the #mycalling Roadshows in the

Summer, encouraging all Christians to think about how they

live out their call to follow Jesus.

Mission Community 'Mission Weekend' with Bishop Emma

Community in June, and all future joint mission initiatives.

Our Bishops Bishop Emma: St Paul's Grange-over-Sands. Carlisle Rural

Mission Community Launch.

Monday 30 March

Calder The Rev'd Canon Allen Banks Rural Dean and

Deanery Mr Jim Greening Lay Chair.

World Church Mbamili in the province of Nigeria, The Right Revd Henry

Okeke.

Wau in the province of South Sudan, The Most Revd Moses

Deng Bol.

Ibba in the province of South Sudan, The Right Revd Wilson

Elias Kamani.

Our Bishops Bishop James: Diocesan Meetings, Church House.

Bishop Emma: Diocesan Meetings, Church House. Guest

Speaker at M3 Meeting, Millom.

Tuesday 31 March

Calder The Rev'd Alison Riley, Network Youth Church Minister.

Deanery

World Church Mbeere in the province of Kenya, The Right Revd Moses

Masamba Nthukah.

Wellington in Aotearoa NZ & Polynesia, The Right Revd Justin Duckworth.

Idah in the province of Nigeria, The Right Revd Joseph Musa.

Our Bishops

Bishop James: Attending Focus Day for the Guild of Health and St Raphael.

Wednesday 1 April F D Maurice

Frederick Dennison Maurice, was an English Anglican theologian, a prolific author, and one of the founders of Christian socialism.

Calder For the work in our deanery secondary schools.

Deanery

World Mbhashe, in the province of Southern Africa, The Rt Revd

Church Elliot Williams.

Wernyol in the province of South Sudan, The Rt Revd

Gabriel Kuol Garang.

Our Bishops Bishops James and Emma: Diocesan meetings in Church

House.

Thursday 2 April

Calder For lunch and chat clubs, prayer groups throughout the

Deanery deanery.

World Meath & Kildare, Ireland, The Most Revd Patricia Louise

Church Storey.

West Ankole in the province of Uganda, The Rt Revd

Johnson Twinomujuni.

West Buganda, Uganda, The Rt Revd Henry Katumba-

Tamale.

Northern Bishops Meeting in Leeds. Our Bishops

Friday 3 April

For the widespread communities and the difficulties in Calder

meeting together with our fellow Christians. Deanery

World Medak, province of South India, The Rt Revd A.C. Solomon

Church Raj.

West Lango in the province of Uganda, The Rt Revd Alfred

Acur Okodi.

Our Bishops Northern Bishops Meeting in Leeds.

Saturday 4 April

Calder Deanery For the commissioning of Central Whitehaven

and the launch/commissioning of Coast to Fell

later this year.

World Church Melbourne in the province of Australia, The

Most Revd Philip Leslie Freier.

West Missouri, The Episcopal Church, The Rt

Revd Martin Field.



God for All Prayer

God for all,

You reached out to the world in your Son Jesus Christ.

Help us to reach out in faith and love and witness to all.

God for all, you send your Holy Spirit

to empower and gift your Church.

By your Spirit help us grow in unity,

grow as followers of Jesus Christ,

and grow in your kingdom

in Cumbria and in this world

Amen