Dear friends,

I would like to offer my sincere thanks for the support you have given to the harvest appeal over the last two years. It's wonderful to read about the progress being made. Having seen this work for myself in South Africa, I can testify to the truly transformational work that is happening.

Much has been done, but there is still much to do. This is especially true following the devastation of Cyclone Idai earlier in the year. I hope that you will continue to support the appeal and join me in prayer for our sisters and brothers in Malawi and our companion link Diocese of Zululand (South Africa).

When Jesus said, 'I came that they may have life, and have it abundantly' (John 10:10), he meant that life is about so much more than just being alive. It means flourishing, being able to be the people God created us to be. Poverty and natural disasters stand in the way of that; so I pray that through this appeal, we may be able to support our friends in Malawi and South Africa to reap a plentiful harvest. Thank you.



Ames

Rt Rev James Newcome Bishop of Carlisle **£10** could pay for a 5kg bag of seeds in Malawi, enough to plant more than an acre of pigeon peas.

£70 could buy a bicycle so that an experienced farmer in Malawi can reach and train over 100 farmers in remote areas.

£400 could help fund a training day for parishes in Zululand, giving them the skills to grow food for the community.

For more information, additional resources for churches and schools and to book a visiting speaker, visit **carlislediocese.org.uk** or contact:

Elspeth Jayne World Development Officer elspethjayne@btinternet.com 01539 560924

If you are a taxpayer, please complete the form below to make

your gift worth an extra 25%. Please attach this form to your gift and hand it in at your church or send to Church House, 19-24 Friargate, Penrith, Cumbria CA11 7XR. Cheques should be made payable to Carlisle DBF Ltd. Thank you.

PLEASE TICK. I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the Diocese of Carlisle to reclaim tax on the donation detailed here, given on the date shown, and any donations I make in the future or have made in the past four years.

l understand that if l pay less Income Tax or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the diocese will reclaim 25p of tax on every £1 that I have given. The tax year is 6 April one year to 5 April the next.

use BLOCK CAPITALS giftaid it First name____

Last name ____

CARLISLE

DIOCESE

Home address _____

Postcode _

Signature _____

Amount given £_____

Please notify the Diocese of Carlisle if your contact details change, if you wish to cancel your declaration or no longer pay sufficient tax to cover the Gift Aid on your donations.

UK registered charity numbers Christian Aid 1105851 Diocese of Carlisle DBF 251977 USPG 234518 Christian Aid company number 5171525 Diocese of Carlisle company number 39625. © Christian Aid May 2019 Photos: Christian Aid/Richard Nyoni (front cover), Hope Africa/Mari Lovotnen (page 2), Dare Holland (page 3), J105760 A028970

Harvesting a brighter future

The Bishop of Carlisle's Harvest Appeal 2019





G[†] Dor

Donate today at carlislediocese.org.uk

Harvesting a brighter future

There is much still to be done to build on the work your generous gifts have supported, changing the lives of farmers in Malawi and South Africa.

2019 is the third year of a three-year journey supporting two remarkable farming projects. So far you have raised £54,400 which is making a significant difference to rural communities in Malawi and South Africa through Christian Aid and USPG.

As Cumbrians we know what it means to be at the mercy of the weather, and we have seen for ourselves the devastation that flooding can bring. So when Cyclone Idai struck Malawi back in March, our prayers were naturally with our sisters and brothers there. Your gifts this harvest will mean practical support for those who need it most.

used to struggle to earn enough to feed

his children or send them to school. That

has all changed through this project. As a

successful pigeon pea farmer. Frank can

family healthy. He also grows enough peas

to sell, and has already used extra income

harvest, others have not been so fortunate.

Even the tough little pigeon pea struggles

when faced with a cyclone. Crops have

been lost, removing a vital safety net.

changing work can continue.

shoes and school uniforms.

Please donate today to ensure this life-

Frank's children proudly show off their new

now provide nutritious food to keep his

to invest in two goats and new school

But while Frank has reaped a plentiful

uniforms and shoes for his children.

Recovering from Cyclone Idai

In March this year, Cyclone Idai tore across southeast Africa. It was one of the worst tropical storms ever to hit the region. People lost their lives and their homes in Zimbabwe, Mozambique and Malawi. Over 1,000 of those who have benefitted from the pigeon pea project we have been supporting were adversely affected by the cyclone.

The devastation was widespread, but just like us Cumbrians, the Malawian people are resilient. With your support, Christian Aid's partner Nandolo will continue to work with rural communities in Malawi. Together they will rebuild and plant for a new harvest.

The mighty pigeon pea

Christian Aid's pigeon pea project is remarkable. Not only is a pigeon pea drought resistant, it will happily grow in land affected by flooding. It can be sold to provide income for the family, but it is also highly nutritious and rich in protein. In a time of climate uncertainty, this hardy crop is a lifeline of food security.

Frank Zulu knows this all too well. He

Christian Aid works with local organisations in some of the poorest communities in the world. Support the Bishop's Harvest Appeal and make sure even more people are able to receive our help.



Nutrition and food security in Zululand

In Zululand, half of all households are in sparsely populated, rural areas. Around 42% live in extreme poverty, and there is a lack of access to affordable, nutritious food. USPG and HOPE Africa, the social development arm of the South African Anglican Church, are working in partnership on long-term development projects in our companion diocese of Zululand. Church and community relationships have been strengthened, and community members have been able to take up leadership roles.

Your support so far means many have been able to improve their food security, and increase their income through small business enterprises such as poultry farms and food gardens. The gardens have also provided skills in land cultivation, crop production, and how to access markets. All the food gardens in the diocese continue to operate, farming maize as well as vegetables including cabbage, spinach, onions, and tomatoes, but it's not easy; some have faced difficulties due to prolonged drought.

This year there will be further training for church leaders and local facilitators, giving them the skills to engage communities and support them in business enterprises. In addition, water sources will be secured for two of the food gardens through the creation of a bore hole and irrigation systems.

Approximately 600 people will directly benefit from working in the gardens, gaining skills to improve their livelihoods. Approximately 4,000 households will benefit from having access to nutritious produce, including the most vulnerable such as child-headed households, widows and the unemployed.



Food gardens mean food security and good nutrition in our companion diocese of Zululand.

Sbongile's story

Sbongile Ndwandwe is a widow, and lives in the village of Ekwandeni in St Cyprian's Mahasini Parish. She is one of 25 women, most of whom are widows, who helped establish the food garden from seven hectares of diocesan land alongside five men.

Sbongile said: 'We don't have enough food in our village but thanks to the church we now work in the food garden. We are happy moving forward as a community, and there are less conflicts. I was weak and lonely but now we are working together and our faith has grown strong. The Church and Community Mobilisation Process Programme has taught us to work hard and with dignity.'

10% of your donation will also support three UK organisations who are working for a fairer and more sustainable world: Cumbria Development Education Centre, Carlisle One World Centre, and Global Justice Now.

